



# January Tips for 4-H Parents

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## Off To A Good Start?

### Things to Think About at This Time of Year

- Hopefully your child is enjoying his or her project meetings.
- Are you in contact with all of your child's project leaders? If not, contact your Community Club Leader (CCL) if you need contact information.
- Presentation Day is coming up in February. We encourage all 4-H members to practice public speaking skills by preparing a presentation each year.
- The Favorite Foods Fair and Place Setting Contest are on the same day as Presentation Day. All 4-H members are welcome to participate.
- Even if your child is not entering the events in February, plan to have them attend as an observer. It counts in their record book as an event attended.

## What is a Presentation?

- Presentation is the generic term we give in 4-H to a variety of types of public speaking.
- Learning to organize thoughts and present ideas orally is one of the most useful life skills 4-H offers.
- There is a 4-H Presentation Manual that describes how to prepare and give a presentation.
- Presentation Day is a competitive event for 4-H members to showcase their presentations.
- Check the 4-H Youth Talk for details and entry forms.
- Entries can also be made online at: <http://ceking.s.ucdavis.edu>

## What's A PDR?

PDR is the acronym for the "Personal Development Report" form, an important part of the 4-H Record Book. This record keeping form is aimed at encouraging broad based participation in 4-H and recognizes members for becoming actively involved. The rewards involve earning star ranks- beginning with the bronze star and progressing to the silver, gold and platinum stars. The 4-H member's current star rank is proudly displayed on their 4-H hat. Each star rank takes an average of 2 years to complete.

With a number of 4-H events occurring in February, including Favorite Foods Fair, the Place Setting Contest and Presentation Day, now is a great time to encourage your 4-Her to get involved and prepare to participate in these fun, and educational activities. More information on upcoming events and the 4H Record Book can be obtained by visiting the Kings County 4-H website at <http://ceking.s.ucdavis.edu>

