

## ***Record Books for 2015!***

**Club Level Judging:** Record Books (RB) will be submitted at the club level to be reviewed for achievement of star ranks. Please check with your Community Club Leader (CCL) for the record book (RB) due date for your club.

**County Record Book Judging:** Record Books receiving a gold seal at the club level are eligible to be submitted to the county level for judging. Record Books submitted for county judging are due to the UCCE Office by **Friday, August 14<sup>th</sup>**. Club officer books are due at this time also. Record Books submitted for county level judging will be evaluated for Record Book Medals and/or Project Medals. Outstanding Record Books in the Sheep, Dairy and Photography projects will be evaluated for the Brazil, Toledo and Perreira Outstanding Project Awards.

Record Books submitted for County judging will follow the guidelines in the 4-H Record Book Manual, available at <http://4h.ucanr.edu/files/204755.pdf>. There is an exception for the 4-H year ending 2014-2015, in the PDR, 4-H Star Ranking: Each presentation given at Farm Day may be counted as a separate presentation under category "6" Communication Skills/4-H Presentations. In the 4-H Year 2015-2016, presentations given at Farm Day will comply with the state guidelines which state- "to receive credit each presentation must be presented before a new audience at a new event. Repeating the 4-H presentation at the same event does not count as two credits."

### **Formatting of Record Books for County Record Book Competition:**

Record Book Folder or Binder: *The official 4-H Record Book binder is available at the UCCE Office but is not required.*

#### Section 1: Preliminary Information

Title page *(see pg. 15 of the CA 4-H RB Manual)*

Table of Contents *(see pg. 15 of the CA 4-H RB Manual)*

#### Section 2: Personal Development Report (PDR) *(see pg. 16 of the CA 4-H RB Manual)*

- Be sure to have all required signatures

#### Section 3: 4-H Story (maximum length- 6 pages) *(see pg. 28 of the CA 4-H RB Manual)*

The 4-H Story should be a record of all years in 4-H & emphasize the current year in 4-H. Story should show growth and not simply be a listing of things done or awards earned.

*Minimum length:*

Junior- 1-2 pages

Intermediate: 2-4 pages

Senior: 3-6 pages

#### Section 4: Projects- Annual Project Report (APR) *(see pg. 29 of the CA 4-H RB Manual)*

- *One Annual Project Report for each project completed by the 4-H member. Be sure to have all required signatures.*
- Place strongest project first in the sequence of APR's.
- One expression page for each project completed (expression pages need to teach the reader something about the project.) *(Required for 2016.)*

- Junior /Teen Leadership Development Report- if serving as a Jr/Teen Leader (JTLDR or LDR) *(see pg. 32 of the CA 4-H RB Manual)*  
*Each project should have materials grouped together, for example all Rocketry project forms should be grouped together- APR, JTLDR etc.*

Section 5: Collection of 4-H Work *(required for 2016) (see pg. 38 of the CA 4-H RB Manual)*

These materials support the previous sections in showing growth and experience in 4-H during the current project year. They may include -

**Newspaper & newsletter articles** (2 page maximum)

*Must be written by the 4-H member or about the 4-H member*

**Flyers & brochures** (2 page maximum)

*Must feature the 4-H member or be written by the 4-H member.*

**Letters & certificates** (2 page maximum)

*Letter may be written by the 4-H member of about the 4-H member. Certificates must have been presented to the 4-H member in the current year.*

**Photographs** (5 page maximum)

*Shows project work, leadership & citizenship activities. Captions should explain what is taking place in the photo and indicate when and where the photo was taken.*

Section 6: Leadership Reports (not part of a project)

Use the JTLDR or LDR forms

One leadership report form may be included for each leadership role.

For example: All Star, State Ambassador, Club Officer, Emerald Star, etc.

For 2014-2015: Previous years records are placed behind Section 6- Leadership Reports.

**Please note:** The new County RB Evaluation Form refers to terms from the Thrive curriculum.

1. The 4-H Story and the Collection of Work should illustrate the 4-H member's SPARK. Spark refers to passion, what gets member excited, provides purpose and gets member headed in a positive path.
2. Leadership Reports should show growth in one or more of the 6 C's. (See below)

## The Six C's

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The six C's theory of positive youth development identifies six important characteristics that help young people grow into thriving and successful adults. Research has demonstrated that youth who have higher levels of these Cs tend to have more positive behaviors and developmental outcomes compared with youth who have lower levels.

- 1. Competence:** Positive view of one's actions in specific areas, including healthy habits, life skills, love of learning, emotional competence, and social skills.
- 2. Confidence:** An internal sense of overall positive self-worth, persistent resourcefulness and self-efficacy.
- 3. Connection:** Positive bonds and relationships with people and institutions including faith-based communities.
- 4. Character:** Respect for societal and cultural norms, possession of standards for correct behaviors, a sense of right and wrong (morality), and integrity.
- 5. Caring:** A sense of sympathy and empathy for others.
- 6. Contribution:** Giving to self, family and the institutions of a civil society.