

Personal Development Report Worksheet

	#1 Projects	#2 Skills	#3 Attended	#4 Leadership	#5 C & C	#6 Communication	#7 Honors	#8 Lifestyle
<i>The Incentives & Recognition Committee has provided this worksheet to help members determine where to record County events and activities on the Personal Development Report (PDR).</i>		<i>i.e. Exhibition of entries; Showmanship ; Judging Contest</i>	<i>Attended the event</i>	<i>i.e. Committee Chair or Member</i>	<i>i.e. Donated or collected donations, walked for relay, etc.</i>	<i>i.e. 4-H presentation, prepared talk, newspaper article, represented 4-H,online comm., etc.</i>	<i>i.e. All High honors & recognitions (Grand Champion, Emerald Star, Star ranks, Record book medal, etc.</i>	
Event/Activity								
July 2015								
California State Fair		X (Exhibited)	X			X (Gave Presentation)	X -(Grand Champion)	
State Leadership Conference			X					
Relay for Life Comm Mtg				X				
All Star Workshop			X					
August								
Council			X			X		
September								
Council			X			X		
Relay for Life Comm Mtg				X				
4-H Madness			X	X		X		
Color Me Green Run			X	X		X		
Sectional Council mtg.			X			X		
October								
Council			X			X		
Achievement Night			X			X	X	
Paint the Town Purple					X			
4-H Sunday			X	X		X		
Relay for Life			X	X	X			
Leadership Training			X			X		
Food Olympics Planning Meeting				X				
November								

***When serving on a committee you may count the committee once (1) no matter how many committee meetings were held.

Council			X			X		
Council BBQ			X	X				
Judging Day		X	X	X			X	
December								
Fashion Revue Planning Meeting				X				
January 2016								
Council			X			X		
4-H Fair Planning Meeting				X				
LCORT			X			X (Gave Presentation)		
February								
Council			X			X		
Presentation Day			X			X (Gave Presentation)	X	
Food Olympics		X (List contests exhibited in)	X		X (St. Patrick's Day Cards & Pet Blankets)		X	
March								
Council			X			X		
Kings Co. Farm Day			X			X (Gave Presentation)		
Western Classic Jr. Dairy Show		X (Exhibited)	X				X	
County Fashion Revue		X (Exhibited)	X	X	X (Cards for Soldiers & Pet Blankets)		X	
April								
Council			X			X		
4-H Fair		X (Exhibited)	X	X			X	
Paint the Town Purple					X			

***When serving on a committee you may count the committee once (1) no matter how many committee meetings were held.

Kings Fair Workday					X			
May								
Council			X			X		
Leaders Dinner			X	X		X	X	
Kings Fair Workday					X			
State 4-H Field Day		X	X	X	X	X	X	
June								
Kings Fair		X	X				X	
Record Book Workshop			X					
New Year Planning Meeting			X	X				

**News articles to Youth Talk						X		
-------------------------------	--	--	--	--	--	---	--	--

* Please note that the PDR is your personal record of your involvement in 4-H during the year. Some of the items listed above may not pertain to you, or you might have additional items to add to your PDR that are not included on the list. It is possible to receive credit in multiple categories for some events. For example, Presentation Day, you attended, gave a presentation and received an award (3). However if you attended the event (only), then you will receive credit in events attended (1).

***When serving on a committee you may count the committee once (1) no matter how many committee meetings were held.