2013– A Centennial Celebration!

2013 marks the Centennial for 4-H in California, an important milestone for an organization that is deeply connected to communities throughout California. Core to the 4-H experience is service learning, which takes the form of student-designed, student-led projects where participants learn leadership by leading, collaboration through collaborating, and the importance of civic engagement by actively seeking opportunities to make a difference in their communities. The Revolution of Responsibility will celebrate the power of youth taking action and will be the centerpiece of the Centennial Celebration with two key components: 1) an ambitious statewide service learning program, $1,000 for 1,000, raising funds to provide $1,000 each for 1,000 4-H service learning projects statewide, and 2) the development of an Alumni Membership program connecting with an estimated one million past 4-H participants living in California, engaging them as volunteers, donors, and advocates and building our capacity to sustain the organization statewide. For more information—http://www.ca4h.org/Support/RofR/

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Deadline
4-H News articles due for Youth Talk – January 18th
Please send all articles to ~ gldiener@ucdavis.edu
FAVORITE FOODS FAIR

(No place setting required)

1. Select a favorite main dish, salad, vegetable, appetizer/snack or dessert/candy dish you would like to prepare.
2. Plan a menu for the whole meal in which you would serve that dish. Keep in mind the My Plate/Food Guide Pyramid.
3. **Prepare your dish for 4 people** and bring it to the event ready to serve. To comply with food safety rules: Cold food must be kept at 40° or colder and hot foods 140° or hotter. It should not sit out longer than two hours and will be discarded after judging.
4. Display your prepared food in an appropriate serving dish. The display should include the menu card, cost breakdown of dish prepared, table covering (such as a cover or placemat), prepared dish and serving utensil.
5. You will be given a space 22” wide to attractively display your prepared dish. Remember, a place setting is not needed.
6. Type your recipe on a separate paper in Times New Roman, size 12. These will be collected at the Favorite Foods Fair. Put your name on the recipe only, not on your display.
7. Showmanship skills can be done at time of set-up. Entrants may interact with the judges about their entries.
8. Only entrants will be allowed to set up.

PLACE SETTING CONTEST

(No food required)

1. Select a theme for your place setting. This can be holiday, family celebration, BBQ, anniversary, or any other occasion.
2. Plan a menu for the whole meal, keeping in mind the My Plate/Food Guide Pyramid.
3. Select a coordinated place setting for your entry – tablecloth or placemat, dishes, silverware, and a low centerpiece. You will need dishes and silverware for everything on your menu. Place setting is only for one person.
4. Make an attractive display including your place setting, menu card and centerpiece. Do not put your name on the display.
5. You will be given a space 22” wide to display your place setting.
6. Showmanship skills can be done at time of set-up. Entrants may interact with the judges about their entries.
7. Only entrants will be allowed to set-up.

Click here for more information: http://cekings.ucanr.edu/Kings_County_4-H_Program/4-H_Events/
Favorite_Foods_Fair-February/

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### FAVORITE FOODS & PLACE SETTING ENTRY FORM – Due February 14, 2013

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<thead>
<tr>
<th>NAME:</th>
<th>CLUB:</th>
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<th>Age:</th>
<th>Grade in school:</th>
<th>Are you also entering Presentation Day also?</th>
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<td>Yes ______  No ______</td>
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<tr>
<th>I am entering:</th>
<th>Favorite Foods Fair</th>
<th>Place Setting Contest</th>
<th>Showmanship Skills</th>
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<td><em>(You may enter all 3, if you like)</em></td>
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You may fax (582-5166), mail or deliver this form to the UC Cooperative Extension office or enter on-line at:

[http://cekings.ucdavis.edu](http://cekings.ucdavis.edu)
Council News
The next council meeting will be:
**Monday, January 7th at 7:00 PM at the UCCE Office**
Host Club: Kings River

Please note this is not the usual meeting date. The meeting was moved to a Monday due to New Year’s. Every club needs to send a representative to this meeting.

It’s Official!!!

A great BIG welcome to our newest 4-H Club in Kings County– Kings Future Promise 4-H. They are officially chartered! KFP will have its first Community Club meeting on January 8th and will meet at Kings Christian School in Lemoore. The Community Club leader is Michelle Maciel. Let’s help make them feel welcome!

State Record Book Results
Congratulations to Paige McConnaughy from Grangeville 4-H. Paige prepared and submitted her 4-H Record Book for State judging and received Merit Recognition!

Paige’s Record Book was the only entry from Kings County. We are proud of you! Hopefully next year there will be more participants from Kings County.

It’s 4-H Fair Planning Time!
It time to begin planning for the 4-H Fair. Your ideas and input are very important. One of the reoccurring questions is how to increase participation in the fair? Please bring your ideas to the Planning meeting scheduled for:

**Monday , January 28 at the UCCE Office**
6 PM – Indoor Exhibits
7 PM – Livestock Exhibits

Everyone is welcome to attend! Department chairmen are needed. Please consider volunteering!

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Kings County Presentation Day
February 23, 2013
Hanford West High School
Check-in: 9:30 AM

Developing and perfecting public speaking skills are assets that will be invaluable throughout life. Self-confidence, the ability to articulate ideas, explain processes clearly, think on your feet and develop poise are just a few of the benefits gained from public speaking.

4-H encourages every member to develop and polish their public speaking skills by participating in County Presentation Day. There are many ways to participate in Presentation Day, from giving a traditional demonstration or illustrated talk where a 4-Her shows “how-to-do” something using visual aids or posters to a prepared speech or interpretive reading or impromptu speech etc. (The ways to participate are explained on line at [http://www.ca4h.org/files/2193.pdf](http://www.ca4h.org/files/2193.pdf).)

Take time to read about the various ways to participate in Presentation Day, and then research your topic. Find an interpretive reading you enjoy or a favorite recipe you can use to develop into a presentation. Prepare your script, make your posters, or gather your props, if your category requires such items. Spend time practicing your presentation. The old adage that “practice makes perfect” is especially true for presentations. Then, enter Presentation Day!

A comprehensive **4-H Presentation Manual** is available online at [http://cekings.ucanr.edu/files/18996.pdf](http://cekings.ucanr.edu/files/18996.pdf) or at the UCCE Office.

To enter County Presentation Day, you may enter on-line at [http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9831](http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9831) or access the paper entry form at [http://cekings.ucanr.edu/files/158370.pdf](http://cekings.ucanr.edu/files/158370.pdf)

Entries are due to the UCCE Office **February 14, 2013**.
Presentation Day is held in conjunction with Favorite Foods Fair and the Place Setting Contest. The timing of the 3 activities has been planned so you may enter all 3!
A Zoo of Hugs

The 2013 4-H State Fashion Revue Committee is requesting your help. I am chairing one of the community service projects, “A Zoo of Hugs.” It is our goal to make huggable stuffed animals with embroidered faces for children in accidents, who are transported by ambulance and children removed from their homes by protective service. The committee will donate them to local Sheriff’s offices, Fire Stations or ambulance services after being displayed at the State Fashion Revue Contest on May 25, 2013. The pattern being used is a 2-piece stuffed animal pattern. Examples are McCall’s pattern #5826 or baby Animal Softies at http://www.allegrodigipatterns.com/baby-animal-softies-pattern-by-precious-patterns.html. Please help us help children in need.

Submitted by: Paige McConnaughy

Plan an Emerald Star Project!

The purpose of the Emerald Star Program is to provide Leadership opportunities to 4-H members who have completed at least two years of 4-H and are at least 14 years of age by January 1, 2013. (Completing an Emerald Star project is a requirement for those interested in applying to become an All Star.)

The Emerald Star project must demonstrate the member’s leadership ability, and the ability to work with others as well as the ability to plan and conduct a successful program of work.

Dates to keep in mind are:

January 4th: Applications due for Entrance interview
January 17th: Emerald Star Interviews

For further information: http://cekings.ucanr.edu/Kings_County_4-H_Program/Adult_Volunteers/4-H_Emerald_Star_Information/

Tough Times...

With the increase in 4-H Program fees to $28/person, some families may be struggling to pay the fees in order for their children to participate in 4-H. If this is the case, please contact the UCCE Office at 852-2730 to learn more about what the requirements are to qualify for a fee reduction or waiver.
Emerald Star Project– Recycled Whites

Jacob Willhite and Ashley Daniel are working on a “Recycled Whites” Project for their Emerald Star. Their full stock of whites will be available at Presentation Day for those in need of new whites. If you have whites (pants, shirts, blouses...) to donate they will gladly accept those too. They will try to be at every major event that 4-Hers may wish to wear their white uniform. If you need whites before Presentation Day, please call 589-0311 or 410-3013.

Submitted by: Jacob & Ashley

College Scholarship Opportunity

The Friends of the California State Fair announced that they will continue their scholarship program for the 2013-2014 academic year. California college students and graduating high school students are eligible and must submit an application by Friday, March 8, 2013. The scholarship applications are available at www.bigfun.org. For more information contact Jake Rowe at jrowe@calexpo.com.

37th Annual Agricultural and Environmental Sciences Field Day
March 1 and 2 at UC Davis

The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit http://www.ca4h.org/Projects/SET/Animal/SLJC/ for state qualifying guidelines.

To register, go to: <http://calaged.csuchico.edu/registration/> Select the event (2013 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link “Get Access Code”. Complete the information on the form and click the register button. Please include 4-H next to your club name on the registration form. On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your club is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to “UC Regents” and mailed to:

Attn: Francesca Ross
College of Agricultural & Environmental Sciences
One Shields Avenue
Davis, CA 95616

Deadlines:
February 10: AgriScience Fair and Job Interview materials due
February 10: Registration closes
February 17: Payments must be postmarked – We are now enforcing a $25 late fee for payments postmarked after the 17th.

For questions email fieldday@ucdavis.edu or visit http://caes.ucdavis.edu/fieldday

State Fashion Revue Clarification

State Fashion Revue committee has received questions about the 2 Yard Wonder category. To clarify, a garment and coordinating accessory are created out of a two yard length of 45” wide woven cotton fabric. For the garment and accessory, only this piece of fabric may be used (for example, no additional fabric for lining). Take a photo holding the two yards of fabric. Members may use any pattern and the outfit may include other sewn or purchased garments and accessories. SFR is coordinating 3 service activities. The Drawstring Bag service project will provide tote bags for children going into foster care. If you would like to contribute tote bags, please go to the SFR website for instructions, http://www.ca4h.org/Programs/Events/SFD/SFR/. You may bring completed tote bags to State Fashion Revue or contact Megan at meganladytink@gmail.com or Courtney at cja-m11219@gmail.com for mailing information.

California Focus June 14-18, 2013

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates and simulations with speakers, tours, fun activities and new friends from across California. http://ucanr.org/sites/UC4-H/Projects/Citizenship/Focus/CF/. Online Registration will be available February 1, 2013.
Special Recognition at 2013 State Presentation Day

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year’s focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, ‘exergaming’, recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit: [http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities/)

Club News...

Island 4-H

We had a potluck then we finished and welcomed everyone there. We did normal stuff then the November birthdays. Onto Old Business, Relay for Life made $2,518.25, Council BBQ, Kings County Judging Day, Ronald McDonald pull tabs which are still being accepted– we have donated 130 lbs to date!!! Achievement Night was fun and UNICEF boxes. Now to New Business, Archery Certification Training will be January 19th from 9 AM to 5 PM, Thrive is the 4th Tuesday of every month at the UCCE Office, Valley Children’s Fundraiser, LCORT– January 25th to 27th– cost is $145.00. Applications are due by November 16th. Toy Drive needs any unwrapped gifts for ages 0-18 due by Dec. 3rd, Dog Care Training Meeting is Nov. 17th, Public Speaking Presentation Workshop is December 8th at the UCCE Office.

That’s my report on the meeting of November 13th for Island 4-H.
Submitted by- Kara Saari, Club Reporter

Kings Harvest 4-H

The Kings Harvest 4-H Club had their Christmas party/regular meeting on December 10th, 2012. We brought canned foods, slipper socks and gift cards for our party. We look forward to the upcoming meeting the new year.
Submitted by: Raine Palomino, Club Reporter

Delta View 4-H

The Delta View 4-H meeting was called to order by Royce Catena at 6:41 PM. Jennifer Ponce led the 4-H Pledge and Leanne Mize led the flag salute. There were no Treasurer's Report, Secretary's or project reports. Old Business: We talked about LCORT and who would be attending. New Business: Delta View voted and passed a motion to make a donation to “Toys for Tots” and the “Horse Rescue at Animal Control of Kings County. “ We talked about Presentation Day and how we should try better to participate. We were reminded that 4-H is not only about animals and we should always be thinking of ways to help others. The Delta View meeting was called to an end at 7:37 PM.
Submitted by: Hannah Ellberg, Club Reporter

Kings County UCCE Office Staffing

**Good News! Terrie Evangelo**, our 40% time 4-H Support Staff will become a full time employee in the UCCE Office beginning December 24th. Terrie’s responsibilities will now include more than the 4-H Program, but the big benefit will be her presence in the UCCE Office Monday-Friday from 8AM to 5 PM. Terrie is very knowledgeable about the 4-H Program, has been a 4-H parent and is a volunteer leader. Her full-time presence in the office will have a very positive benefit to the 4-H Program.

University of California Cooperative Extension Kings County 4-H Contacts

Georgene Diener 852-2743  UCCE 4-H Program Representative (50% time) geodiener@ucdavis.edu
Terrie Evangelo 4-H Support Staff (full time) 852-2731 tlevangelo@ucdavis.edu
Connie Egger 852-2730 UCCE Office Manager (full time) Connie.Egger@co.kings.ca.us

UCCE Office is open Monday-Friday from 8 AM to 12:00 PM and 1:00 PM to 5:00 PM.

*Please feel free to call the UCCE Office before coming in if you have a specific need, or to make an appointment.*