State Leadership Conference

Eleven Kings County 4-H members spent an activity filled four days on the campus of UC Davis for the 2013 State Leadership Conference. They attended leadership and team building sessions along with celebrating California’s 4-H centennial with fellow 4-H’er’s from across California. Attending were (front row) Ashley Olson-Oakvale, Haden Lawton-Lemoore, Evie Starich-Grangeville, Natalie Starich-Grangeville, Paige McConnaughy-Grangeville, Lauren Pepe-Gurnsey, (back row) Haley Smith-Lemoore, Jacob Herman-Grangeville, Eric Dias-Mid Valley, Steven Allison-Island and Brian Lawton-Lemoore. Tammy Dias from Mid Valley was the chaperone.
Council News

The next 4-H council meeting will be:

**Tuesday, August 6th**
7:00 PM
UCCE Office
Hosted by Leader’s Council

Plan to attend, your presence is important! Topics of discussion include—End of Year reports, Record Book Judging, the Event Calendar and Budget for 2013-14, WA Focus and Healthy Living.

Every family is welcome to attend the meeting.

Youth Talk News

The **Youth Talk** is a great way to publicize your club’s activities. Club reporters are welcome to submit articles for publication in the **Youth Talk**. Simply write your article in news worthy fashion including the important information of who, what, when, where, how and submit to the UCCE Office by the monthly deadline. The deadline for the September issue of the **Youth Talk** is August 16th.

Spread the Word...

As the new 4-H year gets underway, it is time to think about ways to share the 4-H Program with other families in the community.

Why not encourage each of your veteran families to invite a new family to join 4-H? The veteran 4-H family can serve as a mentor for the new family. 4-H can be overwhelming to new families because there is so much to learn about 4-H.

Back-to-School Nights are another way to help spread the word about 4-H. Check with your local school and see if your 4-H Club can advertise to the parents and students attending. Let’s not keep this great organization to ourselves, help spread the word!

Club Officer Books Due!

Officers Books are due to the UCCE Office by **Friday, August 16**. Treasurer and Secretary books are required from every club. Historian and Reporter books are optional.

Treasurer Books must have a Peer Audit Review completed before books are turned in.

4-H Enrollment for 2013-2014

Youth Members $34.00
Adult Leaders $12.00

The California 4-H Online enrollment system is now open. Please click the following link to enroll for the new club year—

https://california.4honline.com/Login.aspx?40472F4547534E39717170733D.

Returning 4-H members and leaders must use the SAME EMAIL ADDRESS you have used in the past for your family. DO NOT create a new email or family. If you do not remember what email you used, please contact the UCCE Office at 852-2730. Instructions for the enrollment procedure is available at—

http://cekings.ucdavis.edu/kings_County_4_H_Program/.

If you have forgotten your password click on “I forgot my password” and a new one will be emailed to you.

New this Year~ Healthy Living Officer!

The Healthy Living officer will serve as the club’s ambassador for health! By choosing to elect a Healthy Living officer, your club is taking an active role in promoting healthy lifestyles. The Healthy Living officer will be the leadership for all health activities including: Providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan.

Please help ensure that the health “H” of 4-H is at the forefront of all your meetings, consider a Healthy Living officer!

Check out the new 4-H Officer’s Manual. It can be downloaded at: [http://www.ca4h.org/Files/167443.pdf](http://www.ca4h.org/Files/167443.pdf).
Emerald Star Program

Attention 4-H members intending to apply to become a Kings County All Star in the future: Completing an Emerald Star project is a requirement for those applying for All Star.

**Purpose:** The purpose of the Emerald Star Program is to provide leadership opportunities to 4-H Members.

**Eligibility:** Members who have completed two years of 4-H and will be at least 14 years of age by December 31, 2013 are eligible to apply for the Emerald Star Program.

**Project Requirements:** Emerald Star projects must demonstrate the member’s leadership ability, the ability to work with others, and the ability to plan and conduct a successful program of work. The project must have an adult advisor and must provide service to the Kings County 4-H program and/or community.

Click on this link for more information about the Emerald Star Program: [http://cekings.ucanr.edu/Kings_County_4-H_Program/Adult_Volunteers/4-H_Emerald_Star_Information/](http://cekings.ucanr.edu/Kings_County_4-H_Program/Adult_Volunteers/4-H_Emerald_Star_Information/)

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Kings County 4-H Relay for Life
Saturday, October 12, 2013
Hanford High School

We all have been touched by cancer in some way, and we want to make a difference in the fight against the disease. That is why we are walking and raising money at the American Cancer Society’s Relay for Life event.

At Relay for Life, our team will camp out overnight and take turns walking around the track to raise money and awareness to help the American Cancer Society create a world with less cancer and more birthdays.

Our team is doing our part in the fight against cancer. Please join our team or make a donation, because saving lives starts one team, one participant, and one dollar at a time.

Support our Kings County 4-H Relay for Life Team: [http://main.acsevents.org/goto/kingscounty4-H](http://main.acsevents.org/goto/kingscounty4-H)

For more information, contact Team Captain, Michelle White at 381-2975.

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Thank Yous are VERY Important!

Now is the time to focus on “Giving Thanks” to those who have contributed to making your 4-H year successful. Many individuals, businesses and organizations have given monetarily in the form of livestock purchases, award sponsorships and add-on contributions. It will only take a few minutes to sit down and write a thank you to those who have donated so generously.

If you received an award for an indoor exhibit at the Kings Fair, check the back of the award for the information on where to send your thank you.

For those 4-H members who sold livestock at the fair, a handwritten thank you to the buyer and anyone who gave you an add-on is the most courteous way to show your appreciation for the support they have given to you.

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Save Mart S.H.A.R.E.S Program Generates Funds for 4-H

Do you have a Save Mart Shares card? If so, have you been using yours? When you shop at Save Mart or Food Maxx, just swipe your S.H.A.R.E.S card and Kings County 4-H will earn up to 3% of every qualified purchase. There is no cash value to the card, so no worries if the card is lost. The card is issued in the name of the organization, so no personal information is needed or stored. Cards are available at the UCCE Office, stop by and ask for one.
KINGS COUNTY 4-H SPONSORS FUND CONTRIBUTORS
2012-13

THANK YOU FOR YOUR SUPPORT!

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<td>Fred &amp; Don Giacomazzi Farms</td>
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<td>Kings Dairy Supply Inc.</td>
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Kingsburg Federal Land Bank
Leprino Foods
M. F. Rosa Dairy
Mackey & Mackey Insurance
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The Kings County 4-H Sponsors Committee raises funds to be spent on local youth through the Kings County 4-H Program. All funds are used for activities and awards for local youth and the development and recognition of the adult volunteers who give so much of their time and energy.

Tax deductible contributions may be made payable to:

Kings County 4-H Leaders Council
680 N. Campus Dr. Suite A
Hanford, CA 93230
Thrive Master Trainer Trainings and Updates

Regional 4-H Thrive Master trainer, Train the Trainer Workshops are scheduled for 2013. The Master Trainer Training is for volunteers who wish to become part of their county’s training team. The full details and registration information are available at http://ucanr.edu/sites/4HThriveMasterTrainers/.

~August 24-25, 2013 @ UC Davis (Must register by August 3, 2013)
~September 7, 2013 @ UCCE Office in Tulare (Must register by August 30, 2013)
This training is for returning Master trainers only
~ September 24-25, 2013 in Anaheim (Must register by August 30, 2013)

If you have any questions or need more information, please contact Scott Mautte at 530-752-9388 or by email scmautte@ucanr.edu.

STATE LEADER’S FORUM
November 8-10, 2013
Crowne Plaza Hotel, Sacramento

The Centennial of 4-H in California will be celebrated in 2013 in many ways, in traditional events and in special programs. Culminating the activities is the State 4-H Leaders’ Forum, Nov. 8 - 10, 2013 in Sacramento. The conference is sponsored by the State 4-H Leaders' Council and the 4-H section planning the conference. Some of the best, most practical learning for 4-H leaders happens here. You’ll come home loaded with ideas and activities and the enthusiasm to implement them. Your County 4-H Program becomes stronger because of your participation. You will return with a deeper understanding of the 4-H mission, a stronger sense of what has to happen to accomplish it, and an expanded capacity to make it happen.

Registration is now open by online survey at http://ucanr.edu/slf2013register. Register and mail your payment by September 1 for the best price! Conference meals are ordered using the registration form. Lodging is reserved thru the hotel only.

Full conference information is available on the State website at http://www.ca4h.org/Programs/Conferences/SLF/.

Kings County 4-H Council will provide scholarships of $100 to leaders attending the conference for the first time.

Items are needed for the silent auction, contact Louise Silacci, moolu@unwiredbb.com if you would like to donate.

State 4-H Record Book Judges Needed

Interested in taking your 4-H Record book judging experiences to the next level? Why not apply to be a judge at State Record Book Judging?

December 6-8, 2013
San Joaquin County Office

Judges provide written feedback on 4-H Record Books. Parents/guardians and relatives of current applicants are not eligible to judge. Travel and lodging expenses will be provided by the State 4-H Office. More information and applications are available at: http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/. Applications are due by October 1st.

My 4-H Website

The new my4-H website serves as a central and collaborative source for more of the 4-H resources you want—including the National Directory of 4-H Materials. 4-H professionals, volunteers and even youth leaders, from anywhere, can now upload, download, comment even rank local, state and nationally produced 4-H resources. Whether it’s training staff at a statewide event or supporting volunteers with project materials, my4-H is the tool for effectively engaging an audience around resources important to them, and to you.

To upload or download resources you will need to sign-up for an account. To do this go to http://www.4-h.org/my4h and click on the Log in—Sign Up tab.
State Record Book Competition for Seniors!

State competition is focused on selecting Senior 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria and those books displaying the most outstanding 4-H work, life skills development, leadership and citizenship development are selected as medalists and/or State Winner. Senior 4-H members (at least 14 years of age and no older than 19 years old by Dec. 31, 2012) are eligible to enter state competition.

Completed Record Books are due to the UCCE Office by October 18th. For complete information on how to prepare your Record Book for State competition, visit: http://4h.ucanr.edu/files/167418.pdf

Central Valley Kid’s Cook-Off

Enter your nutritious recipe to qualify as a finalist to compete in the 6th Annual Central Valley's Kid's Cook-off. Submit your recipe online at http://www.visaliahomeshows.com/kidscookoff. Deadline to enter is September 6th. Cook-off competition will be held on:

- Saturday, September 21st
  - 11 am to 5 pm
  - Visalia Convention Center

Competition is open to kids 6-12 years old and 13-18 years old in Fresno, Kern, Kings, Madera and Tulare Counties. Prizes will be awarded to all finalists!

For additional information visit: www.HeyKidsLetsCook.com.

Citizenship Washington Focus

Aimee Daniel and Paige McConnaughy of Grangeville 4-H learned about the government processes in the vibrant, living classroom of the nation’s capital as part of the Citizenship Washington Focus (CWF), an intensive 4-H civic engagement program for high-school youth held at the National 4-H Youth Conference Center in Chevy Chase, MD. Aimee said, “Washington D.C. was such an incredible experience that I would recommend it to anyone!”

Following the conference delegates participate in a Service Learning Project. Aimee and Paige applied for a Revolution of Responsibility Grant that enabled them to work with St. Vincent de Paul, a non-profit organization that provides direct assistance to anyone in need. Their focus was on obesity and the urgency to eat a healthful diet. Aimee and Paige gave a presentation on healthful dietary information to clients. As an incentive to attend the presentation, participants were given a bag of healthy groceries to inspire healthier choices, and recipes to utilize the ingredients.

Tammie Mattos accompanied the girls to Washington D.C. and has served as their mentor for the Service Learning Project.

University of California Cooperative Extension Kings County

4-H Contacts

Georgene Diener 852-2743  UCCE 4-H Program Representative (50% time) gldiener@ucanr.edu
Connie Egger 852-2730  UCCE Office Manager (full time) Connie.Egger@co.kings.ca.us
Terrie Evangelo 852-2731 4-H Support Staff (full time) tlevangelo@ucanr.edu

UCCE Office is open Monday-Friday from 8 AM to 12:00 PM and 1:00 PM to 5:00 PM. Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.