You’re Invited to Attend...

Kings County 4-H Achievement Night

October 12
6 PM
Hanford West High School

After working diligently on your 4-H project and completing your Record Book, it is time to be recognized for all of that hard work. Plan to attend Achievement Night! The evening will be hosted by the All Star candidates. Awards will be presented for Record Book judging, Project medalists, Club Officer Books, Club Seals, Emerald Stars, and the Toledo Award. Come and receive your award, then drop by the Relay for Life and show your support for the Kings County 4-H team!
Council News

The next 4-H council meeting will be:

**Tuesday, October 1st**

7:00 PM
UCCE Office
Hosted by: Armona 4-H

Plan to attend, your presence is important! Topics of discussion include: 4-H Madness, Achievement Night, Relay for Life, BBQ Fundraiser & Judging Day, LCORT.

Every family is welcome to attend the meeting.

New to 4-H?

Is your family new to 4-H? 4-H is a fantastic family oriented organization. But... at first 4-H may seem overwhelming. Do you have lots of unanswered questions about the organization and how your child(ren) can benefit the most from being a member? Plan to attend the "Welcome Meeting" designed to further explain the many aspects of the 4-H program. The structure of the meeting will be geared for parents but 4-H members may attend also.

**Tuesday, October 29 (Date Change)**

7:00 PM
UCCE Multi-Purpose Room

Please call ahead and reserve a space so there will be adequate materials available. Reserve your space by calling 852-2730.

4-H Madness Fun!

Plan to attend the first "4-H Madness" Event! This special evening is designed for families interested in learning more about 4-H with the possible intent of joining and for 4-H families that want to learn more about projects available in 4-H, and to have FUN!

Saturday, October 5, 2013

5:00 PM to 7:30 PM
Kings Fairgrounds
The event will include hotdogs and s'mores!

Your HELP is NEEDED! Join the Team!

Kings County 4-H Relay for Life

Saturday, October 12, 2013
Hanford High School

Kings County 4-H is participating in Relay for Life and our goal is to raise as much as possible for cancer research and to help those battling cancer. Last year our team raised over $2,500.

The next team meeting will be Thursday, October 3 at 5:30 pm at the UCCE Office.

How you can participate:

~Join the Kings County 4-H team
~Raise money through donations
~Sell Luminaries

Please join the Kings County 4-H Relay for Life Team!

Support our Kings County 4-H Relay for Life Team:
http://main.acsevents.org/goto/kingscounty4-H

For more information, contact Team Captain, Michelle White at 381-2975.

Kings County Relay for Life 4-H’ers stood on the corner of 10th & Grangeville on Sept 28th and helped "Paint the Town Purple" while raising $460.00 toward the team's fundraising goal.
Plan to join in celebrating National 4-H Week by hosting a display to advertise 4-H. Clubs may enter as a club or as individual project groups. The purpose is to promote 4-H and your club! Displays may be window, poster, booth etc. and must be set-up by October 7th. Once your display is in place, take pictures and submit to the UCCE Office via email to gldiener@ucanr.edu by October 18th. Be sure to include the location of the display and the viewing hours. Judging will be based on creativity, information/educational value, accessibility to the general public and overall look of the display. Prize money will be awarded to the clubs/project groups with the top three displays– 1st place- $75: 2nd place- $50: 3rd place- $25.

SELL THOSE TICKETS!

4-H Council Barbecue

Saturday, November 9, 2013
Kings Fairgrounds-
Dairy Women’s Building
11:00 AM to 2:00 PM
Take-out also available
Tickets: $10.00/person

All 4-H families are encouraged to sell barbecue tickets. The proceeds support the Kings County 4-H Council which sponsors county events, awards and so much more. This is the only fundraiser that is sponsored by the Council. Tickets are available from your Community Club Leader or the UCCE Office. The meal is delicious! Please make checks payable to: Kings County 4-H Council.

New this year! The top 3 ticket sellers will be awarded a prize! 1st place: $75, 2nd place: $50 and 3rd place: $25! Let’s make this a record event for selling the most tickets ever! This meal is a bargain!

4-H Council Barbecue Club Assignments

November 9, 2013
Kings Fairgrounds

The success of the Council Barbecue is a cooperative effort amongst all the 4-H Clubs in Kings County. Each club needs to provide at least two (2) helpers to assist in the kitchen and help serve. (The Barbecue preparations begin during the Judging Field Day which starts at 9:00 AM.) In addition, the following clubs have volunteered to be responsible for:

- Bread: Oakvale
- Butter: Kings River
- Salad: Grangeville
- Dressing: Kings Future Promise
- Meat: Kings Harvest
- Rice: Armona
- Salsa: Mid Valley
- Paper Products: Kathy Sargent
- Sweet Shop: Lemoore & Island

For the Sweet Shop: 4-H Club members are asked to contribute baked goodies to sell. Please label with your first name and your club!

Kings County 4-H Judging Day

Saturday, November 9, 2013
Kings County Fairgrounds

Judging Day helps 4-H’ers to become good decision makers, enabling them to justify their decisions by giving oral reasons (for one judging class). A judging class consists of four items. The 4H’er is asked to evaluate and rank the class in the order from the best to the worst. For example, a judging contest may consist of 4 plates of tomatoes, and you are to place them based on how they look. (You may ask yourself, which plate of tomatoes would I purchase first to take home to eat?) Points are given on how close you come to matching the placing an expert gives the class.

Participants will also be given the opportunity to give oral reasons for one class. Oral reasons enable the participant to explain to a judge why you placed the class the way you did. Points are given for how convincing your reasons are. Even if you didn’t place the class correctly, if you give good reasons for your placings your points will reflect that.

Judging classes will be in the following categories: Livestock, Home Economics and General. Plan to judge all three!

9:00 AM– Registration Begins 9:30 AM– Mandatory Orientation Assembly
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Emerald Star Project
4-H Brings Food Forward

(An Emerald Star Project by Hayden Costa, Michal Chrissakis, Darian Roeber and Trenton VanderVeen of Kings Harvest 4-H)

Please assist us in our efforts to bring the community together to help food insecure families in Kings County. In partnership with The Kings Pantry, we are collecting non-perishable food donations to be distributed during the 2013 Holiday Season. Non-perishable food donations will be collected at Best Buy Market on 10th Avenue in Hanford during the months of October and November. In addition, donations can be brought to your individual club meetings for collection in November.

Please direct questions to Hayden Costa—559-816-0477 or bringingfoodforwardwith4h@yahoo.com.

Thank you for your help!

Countywide Dog Care & Training

Attention All Dog Lovers!!

All current members and those interested in joining the Dog Care Project, plan to attend the next meeting on October 12 at the Kings Fairgrounds at 2 pm in the Dairy Show Ring. There will be a costume contest, so dress up yourself and your dog and join the fun! The agenda and calendar for the year will be reviewed. Bring your dog, plenty of water, and your dogs’ shot records. We are looking forward to seeing all of you and having a good year! Questions? Call project leaders: Pam (836-6046) & Steve (380-5021) Smith.

Leadership Conference of Regional Teens (LCORT)
January 24-26, 2014

Who: 7th-9th grade 4-H members
When: January 24-26, 2014
Where: Wonder Valley near Sanger
Cost: $150.00
Fees due: to UCCE Office by Nov. 22
Why: to develop & refine your leadership abilities, meet & share ideas with other 4-H youth, expand your perspective & have fun!

To apply: http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South_Central/LCORT/

Scholarships for first time attendees:
8 scholarships are available for 1/2 of the conference fee—apply early! To be eligible, members must meet conference age requirements, completed 1 year in 4-H at the time of the conference and submit a completed Record Book from the previous year.

Adult Chaperones are needed to attend this conference with the Kings County delegation. Adults must be an official 4-H leader—fingerprinted and orientation completed. For qualified adults, Council will fund the full cost of the number of adults required by the conference quota. Apply early!

4-H Summer Camp

Tulare County 4-H has again graciously invited Kings County to participate in their summer camp program scheduled for June 22-27 at the beautiful YMCA Camp located on Lake Sequoia.

Junior Camp Staff positions are open to both Tulare and Kings County 4-H members in the 9th grade and above. This is a tremendous opportunity for senior 4-H members to fine tune their leadership and job skills while having fun!

Junior camp staff applications must be postmarked and are due by November 13, 2013 to the UCCE Office in Tulare. For further information and applications go to: http://ucanr.edu/sites/4-H_Tulare/, or call 559-684-3303.

Information about attending camp as a camper will be available soon along with adult chaperone information.
News in Brief

South Central Leader’s Council
Youth members, Ashley Daniel from Grangeville 4-H and Ashley Olson from Oakvale 4-H are Kings County Youth representatives to the Sectional Leader’s Council. Stacey Daniel is the adult representative to this council. Thanks for serving in this capacity!

Countywide Project Leaders
Are you interested in a certain project but your club does not have a leader for it? Below are the projects that leaders have graciously offered to open their meetings for countywide participation.
Rabbits—Joe & Kathy Lugo 582-4760
Dog Care—Steve & Pam Smith 836-6046
Archery—Stan Barry 924-8259
Shooting Sports-Rifle—Dennis Wilhelm 582-3604

Emerald Star News
Congratulations to Ashley Daniel & Jacob Willhite from Grangeville 4-H for completing their Emerald Star Project—Recycled Whites. They will be recognized at Achievement Night.

Healthy Living Tips
Health & Learning Success Go Hand-in-Hand
Food Day takes place annually on October 24. It is a national celebration and movement toward more healthy, affordable, and sustainable food. The foods we eat should bolster our health, but many are contributing to several hundred thousand premature deaths from heart attack, stroke, diabetes and cancer each year. Food Day aims to transform the American diet by eating more fruits and vegetables. How much do you need? The amount of fruits and vegetable you need depends on your age, gender, and the amount of physical activity you get every day. Make half your plate fruits and vegetables to reach your total daily needs! Remember that all forms of fruits and vegetable count—fresh, frozen, canned, dried and 100% juice. Try to get at least 60 minutes of physical activity every day. Doing these things is good for your health and can also help your children do better in school.

Contributed by University of California, CalFresh Nutrition Education Program

Junk Drawer Robotics Training
Leaders & Jr./Teen Leaders
Saturday, November 2, 2013
9 AM to 3 PM
UCCE Office, Hanford

Junk Drawer Robotics (JDR) helps make science, engineering and technology engaging and meaningful in the lives of young people. The activities in JDR encourages youth to use the processes and approaches of science, the planning and conceptual design of engineering while having fun! Participants learn to build robots from everyday household items.

This training will be led by John Borba, 4-H Youth Advisor from Kern County. Come and have some fun while learning how to engage youth in the exploration of science and technology. To reserve a space, call the UCCE Office at 852-2730 or email gldiener@ucanr.edu. A small fee will be charged for lunch.

HAVE YOU ENROLLED YET?

Many 4-H clubs will be having their first meeting next week. You don’t want to miss out on any vital information. Use this link to access the 4-H Online system: https://california.4honline.com/Login.aspx?40472F4547534E39717170733D. Returning members and leaders must use the same family email address as you have used in the past.

Instructions are available at: http://cekings.ucdavis.edu/Kings_County_4-H_Program/

Enrollment Fees are to be paid at your Community Club meeting.
Youth members $34.00
Adult Leaders $12.00
**State Record Book Competition for Senior Members!**

State competition is focused on selecting Senior 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria and those books displaying the most outstanding 4-H work, life skills development, leadership and citizenship development are selected as medalists and/or State Winner. Senior 4-H members (at least 14 years of age and no older than 19 years old by Dec. 31, 2012) are eligible to enter state competition.

Completed Record Books are due to the UCCE Office by October 18th. For complete information on how to prepare your Record Book for State competition, visit: [http://4h.ucanr.edu/files/167418.pdf](http://4h.ucanr.edu/files/167418.pdf)

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**New this Year!!! Leadership Washington Focus Middle School Program**

Leadership Washington Focus is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at National 4-H Youth Conference Center.

This is a precursor to the Citizenship Washington Focus program for older members.

Registration fees: $565.00 per member, due by January 10, 2014
Check out [www.4HLWF.org](http://www.4HLWF.org) for more details.
If you are interested in attending, please notify the UCCE Office at 852-2730.

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**2014 National 4-H Conference**

Applications for the 2014 National 4-H Conference are available! If you are interested in attending the conference as part of the California delegation, you can find the application and detailed information on the State 4-H website at: [http://4h.ucanr.edu/Programs/Conferences/N4-HC/](http://4h.ucanr.edu/Programs/Conferences/N4-HC/)

This is a tremendous opportunity for older 4-H members! Applications are due October 31st!

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**Farmer’s Opportunity to Help Support Kings County 4-H**

Thanks to America’s Farmers Grow Communities, rural community members and farmers can help give back to local 4-H organizations. Now through Nov. 30, 2013, eligible farmers can enter for a chance to win $2,500 that can be directed to their local 4-H. And new this year, the entire community also has a voice. Rural community members can suggest an idea or initiative that needs funding for their local 4-H, such as a community garden or camp scholarships. Farmers may review the ideas and consider them in their application. In addition, in communities impacted by drought-i.e.– Kings County, the Monsanto Fund will provide twice the financial support. Winning farmers from counties that have been declared natural disaster areas will now receive double the donation, a total of $5,000. These winners may choose where to direct the additional $2,500 disaster relief donation based on community needs brought forth by the drought. The Monsanto Fund will select one winner at random from each of the eligible 1,271 counties and winning farmers and recipient nonprofits will be announced in January 2014. Please click here for an application: [http://www.americasfarmers.com/pdfs/grow-communities/Application-Form.pdf](http://www.americasfarmers.com/pdfs/grow-communities/Application-Form.pdf)
4-H CLUB NEWS...

Grangeville 4-H

August & September were busy community service months for Grangeville 4-H. In August, we volunteered at Stuff the Bus, an event held at Wal-Mart where we collected school supplies for children in need. Stuff the Bus is sponsored by Congressman David Valadao. We also painted panther paws at Pioneer Elementary School for their Mileage Club.

In September, we helped clean up the Kings River and our Arts & Crafts group created props for the Relay for Life event. On September 21st a few members went out to Hickey Park and went up and down the river picking up trash. Our Arts & Crafts group held a meeting on September 14th and the members created props to be used for a photo booth at the Relay for Life event. Our club hopes to continue on this track of community service.

Submitted by Kayla McCalvy, Reporter

Guernsey 4-H

Our first meeting for the 2013-14 year was held on September 9th. Welcome to all new and returning club members, leaders and parents. We are looking forward to a great year!

Our 2013-14 club officers will be installed at our October 2013 meeting. Club members and their families were asked to start collecting items for our club yard sale.

Reminders to club members:
10/05—4-H Madness 5-7:30 pm Kings Fairgrounds
10/12—4-H Achievement Night 6 pm @ Hanford West (wear white shirt, tie or scarf & jeans)

Submitted by Rory Valov, Reporter

Island 4-H

Island 4-H had its first club meeting of the year Tuesday, September 10 at Island School. There was an installation of 11 officers that night. Mrs. Bonnie Lowas helped us install our officers. It was a great honor to have her with us again! Because of a table set up at Island School Back-to-School Night by our officers, we were joined by many new 4H members at our first meeting. We are excited to see all the new faces! During our meeting, we had more than 10 members report their result from showing at the Kings Fair this summer. It sounded like Island 4H had a great Fair!

Submitted by Megan Clarke, Reporter

Kings Harvest 4-H

The Kings Harvest 4-H Club met on September 9, 2013. The club started its meeting with the enrollment of officers. The club’s new officers are: Matt Rosa-President, Drew Avila-Vice President, Macey Pearson-Secretary, Tyler Dunn-Treasurer, Garrett Bell-Recreation, Meghan Chrissakis-Reporter, Thomas Bell & Michal Chrissakis-Sergeants of Arms, Shyanna & Wyatt Ward-Healthy Living. The club reviewed all old and new business. Michal Chrissakis gave an oral presentation entitled, “Gun Safety”. The Healthy Living challenge for this month is for members to incorporate more dark greens into their diets. The club is collecting money for UNICEF. Kings Harvest has started its annual Wreath fundraiser. Please contact any club member if you are interested in purchasing a fresh wreath or spray for the Christmas Holiday.

Submitted by Michal Chrissakis, Reporter

University of California Cooperative Extension Kings County

4-H Contacts

Georgene Diener  UCCE 4-H Program Representative (50% time) 852-2743  gldiener@ucanr.edu
Terrie Evangelo  4-H Support Staff (full time) 852-2731  tlevangelo@ucanr.edu
(Office day is Tuesday, other office days vary according to 4-H meetings and activities scheduled during the week.)

Connie Egger  UCCE Office Manager (full time) 852-2730  Connie.Egger@co.kings.ca.us

UCCE Office is open Monday-Friday from 8 AM to 12:00 PM and 1:00 PM to 5:00 PM. Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.