You’re Invited!

**Kings County 4-H Achievement Night 2014**
Saturday, October 4, 2014
Hanford East High School

**Theme: Hallo-Scream!**

Kings County will be honoring the great accomplishments of our 4-H members!
- Record Book Awards
- Project Awards
- Emerald Star Awards
- Officer Book Awards
- Club Awards
- Toledo, Brazil & Perreira Awards

**Dinner:** 5:30 PM to 6:30 PM - *Spaghetti Dinner* hosted by WA Focus Delegates
$10.00/person. You may pay at the door.
For reservations: [https://ucanr.edu/survey/survey.cfm?surveynumber=13679](https://ucanr.edu/survey/survey.cfm?surveynumber=13679) or call Michelle White at 381-2975 or email mwhite2465@sbcglobal.net.

**Awards Ceremony:** 7:00 PM (Wear your Halloween Costume! Prizes will be given!)
The evening is hosted by the 2014-2015 Kings County All Star Candidates.

**Members are invited to wear their Halloween Costumes (no masks). Awards will be given for most creative, cutest and scariest. The Spirit Stick will be awarded to the club with the highest percentage of members dressed in costume.**

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Also in this edition....

- Council News
- On-line Record Book Workshop
- Member Tip of the Month
- New to 4-H?
- 4-H Record Book Changes
- 4-H Calendars
- News in Brief
- Farmer’s Opportunity to Help
- Relay for Life
- Fun With a Purpose
- 4-H Judging Day
- 4-H Council BBQ
- BBQ Club Assignments
- Celebrate National 4-H Week
- LCORT
- Emerald Star News
- Beef Fitting Clinic
- UC Davis Horse Day
- Countywide Projects
- Dog Care & Training
- Rabbit
- Junk Drawer Robotics
- Discussion Meet
- 4-H Leaders Forum
- Revolution of Responsibility
- State Fair
- 4-H Program/Record Book Changes
- Healthy Living Tips
- ORB Internet Café
- Hygiene Helper Kits
- Cancer Care Packages
- Judging Day Workshop

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**Event/Deadline**

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**Deadline**

4-H News articles due for Youth Talk – October 17
Council News
The next council meeting will be:

**Tuesday, October 7th**
7:00 pm
UCCE Office
Hosted by Corcoran

Plan to attend, your presence is important. Topics of discussion include—Council BBQ, Judging Day, ORB Workshop, Record Book Judging, and Club By-Laws.

Internet Café 4-H Online Record Book (ORB) Workshop

*Saturday, October 25th*
2pm—5 pm
UCCE Office

The ORB Internet Café is provided to give 4-H members, volunteers and staff both individualized and group instruction on using California 4-H’s Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them to the café. Plan to attend and grow more comfortable with this alternative to the pen and paper 4-H Record Book.

Council feels it is important for leaders and members to learn how to use ORB and is paying for this workshop to be presented in Kings County. Each club needs to have at least one representative at this meeting to bring the knowledge back to those that are interested in on-line Record Books but cannot attend.

To register to attend the workshop please go to: [http://ucanr.edu/survey/survey.cfm?surveynumber=13597](http://ucanr.edu/survey/survey.cfm?surveynumber=13597)

*If you have already been using ORB but have a question, or need to report a problem or make a suggestion about the 4-H Online Record Book, please fill out the ORB Request Form which you can find at [http://ucanr.edu/survey/survey.cfm?surveynumber=11078](http://ucanr.edu/survey/survey.cfm?surveynumber=11078).*

Member Tip of the Month
Did you know about the new animal science curriculum published just this year by UC specialists and academics? Discover sheep and swine curriculum from animal’s point of view. Learn about pre-harvest food safety—protection the human food supply from disease-causing pathogens, parasites, and other harmful agents. Find these resources and more on the state 4-H website. [http://4h.ucanr.edu/Resources/Curriculum/FREE/](http://4h.ucanr.edu/Resources/Curriculum/FREE/)

New to 4-H?
Is your family new to 4-H? 4-H is a fantastic family oriented organization. But...at first 4-H may seem overwhelming. Do you have lots of unanswered questions about the organization and how your child(ren) can benefit the most from being a member? Plan to attend the “Welcome Meeting” designed to further explain the many aspects of the 4-H program. The structure of the meeting will be geared for parents but 4-H members may attend also.

**Thursday, October 2**
7:00 PM
UCCE Multi-Purpose Room

Please call ahead and reserve a space so there will be adequate materials available. Reserve your space by calling 852-2730.

4-H Record Book Changes
At the September Council meeting, Record Book judging was discussed. As a result of the discussion, a motion was made and passed to move Record Book Judging for County Awards back to the county level. (Currently Record Books have been judged at the club level for County awards.) The process for County Record Book judging will be determined by a countywide committee. Each club needs to be represented on this committee. If you are interested in serving as your club’s representative please contact your CCL and email gldiener@ucanr.edu to volunteer.

News in Brief

**Congratulations!**
Kayla McCalvy from Grangeville 4-H is one lucky gal! She won a $50 Target gift card from a drawing for completing her Sparks Survey on ORB! Way to go Kayla!

**Summer Camp**

Please add 4-H Summer Camp to your 4-H Calendar. Camp is scheduled for June 21-26th at Lake Sequoia.

4-H Calendars

The Kings County 4-H Calendar has a new look this year. The spiral bound calendar is meant to be used as a “family friendly” calendar. Dates for activities for the 2014-2015 4-H year are included. If you have not received yours, please consult your Community Club Leader. Enough calendars were printed for one per family.
Kings County 4-H Relay for Life
Team Members are needed!!

Next meeting:
Wednesday, October 8th
6:30 pm
UCCE Office

Join the Kings County 4-H team at:

Help is needed to make gifts for the survivors as well as making lap bead lanyards for walkers. Come to the next meeting!!

Relay for Life will be October 11 & 12 at Hanford High School. Help is needed to walk laps! For more info. call Michelle White at 381-2975.

Fun with a Purpose!
Friday, October 24
6-8 pm
UC Center  550 E. Shaw Ste. 210B, Fresno

This highly interactive workshop will explore the use of activities to build safety and healthy relationships within your club program. Through hands-on learning and reflection activities, participants will learn four different forms of activities and the optimal time to use them. At the end of this fun-filled packed two hours, participants will also walk away with a toolkit of team building activities to take back to their clubs.

The cost is $3.00 per person to offset the cost of refreshments. To register online: http://ucanr.edu/survey/survey.cfm?surveynumber=13505

Kings County 4-H Judging Day
Saturday, November 8, 2014
Kings County Fairgrounds

Judging Day helps 4-H’ers to become good decision makers, enabling them to justify their decisions by giving oral reasons (for one judging class). A judging class consists of four items. The 4H’er is asked to evaluate and rank the class in the order from the best to the worst. For example, a judging contest may consist of 4 plates of tomatoes, and they are to be placed based on how they look. (You may ask yourself, which plate of tomatoes would I purchase first to take home to eat?) Points are given on how close the participant comes to matching the placing an expert gives the class.

Participants will also be given the opportunity to give oral reasons for one class. Oral reasons enable the participant to explain to a judge why they placed the class the way they did. Points are given for how convincing the reasons are. Even if the class wasn’t placed correctly, if good reasons are given for the placing, the points will reflect that.

Judging classes will be in the following categories: Livestock, Home Economics and General. Plan to judge all three!

9:00 AM– Registration Begins    9:30 AM– Mandatory Orientation Assembly

Farmer’s Opportunity to Help Support Kings County 4-H

Thanks to America’s Farmers Grow Communities, rural community members and farmers can help give back to local 4-H organizations. Now through Nov. 30, 2014, eligible farmers can enter for a chance to win $2,500 that can be directed to their local 4-H. And new this year, the entire community also has a voice. Rural community members can suggest an idea or initiative that needs funding for their local 4-H, such as a community garden or camp scholarships. Farmers may review the ideas and consider them in their application. In addition, in communities impacted by drought—i.e.—Kings County, the Monsanto Fund will provide twice the financial support. Winning farmers from counties that have been declared natural disaster areas will now receive double the donation, a total of $5,000. These winners may choose where to direct the additional $2,500 disaster relief donation based on community needs brought forth by the drought. The Monsanto Fund will select one winner at random from each of the eligible 1,271 counties and winning farmers and recipient nonprofits will be announced in January 2015. Please click here for an application: http://www.americasfarmers.com/_pdfs/grow-communities/Application-Form.pdf
H Week Display Contest – Plan to Enter!

Celebrate National 4-H Week by creating a display to advertise 4-H. Clubs may enter as a club or as individual project groups. The purpose is to promote 4-H and your club! Displays may be window, poster, booth etc. and must be set-up by October 6th. Once your display is in place, take pictures and submit to the UCCE Office via email to gldiener@ucanr.edu by October 17th. Be sure to include the location of the display and the viewing hours. Judging will be based on creativity, information/educational value, accessibility to the general public and overall look of the display. Prize money will be awarded to the clubs/project groups with the top three displays—1st place- $75: 2nd place- $50: 3rd place- $25.

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**MISSION: LEADERSHIP**

**LCORT 2015**

**Who:** 7th-9th grade 4-H members  
**When:** January 23-25, 2015  
**Where:** Wonder Valley near Sanger  
**Cost:** $150.00  
**Fees due:** to UCCE Office by Dec. 1st!  
**Why:** to develop & refine your leadership abilities, meet & share ideas with other 4-H youth, expand your perspective & have fun!  

**Adult Chaperones** are needed to attend this conference with the Kings County delegation. Adults must be an official 4-H leader—fingerprinted and orientation completed. For qualified adults, Council will fund the full cost of the number of adults required by the conference quota. Apply early!

**Applications Available for the LCORT Youth Chair for 2016**  
**Applications due December 5th**  

The LCORT Youth Chairs must be willing and able to devote a substantial amount of time to conference planning, implementation, evaluation, and follow-up from the spring before the conference through the following February (one month after the conference). The Youth Chairs are expected to attend a planning retreat during the summer, to accompany the Conference Coordinator to Wonder Valley at least once during the planning process (in late December or early January), and to participate in a materials prep. workday in mid January. However, most other pre- and post-conference tasks can be accomplished by phone, online, or in whatever location is most convenient for the Youth Chairs. Applicants must be a minimum of 16 years old, have a gold star rank, attended LCORT as a youth delegate and have excellent public speaking skills and the ability to work with people of varied ages and backgrounds. For more information please visit: [http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South_Central/LCORT_105/](http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South_Central/LCORT_105/)

**Scholarships for first time attendees:**  
8 scholarships are available for 1/2 of the conference fee—apply early!  
To be eligible, members must meet conference age requirements, completed 1 year in 4-H at the time of the conference and submit a completed Record Book from the previous year.

**To register:** [http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South_Central/LCORT_105/](http://4h.ucanr.edu/Get_Involved/Councils/Sectional/South_Central/LCORT_105/)

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**Emerald Star Project**  
**Hygiene Helpers**

Do you want to be a hygiene helper? Support us, Paige McConnaughy and Tara Fry, as we begin our Emerald Star project making hygiene kits for the homeless. The Hygiene Helper Kits will include: shampoo, conditioner, soap, a toothbrush, chap stick, sunscreen, and personal cleaning wipes. There are places the homeless can get food, but not hygiene products so we are partnering with St. Vincent De Paul who will help us distribute our kits locally. Once a month St. Vincent distributes eighty bags of food to the homeless and we want to add our kits to the food bags. Our goal is to make 200 kits from the beginning of October to the end of February. We are going to have collection bins at the UCCE Office, Achievement Night, Judging Day and Presentation Day. We will also hand out bags at the October Council meeting for all community club leaders to take to their 4-H club meetings. Please support us in helping the less fortunate. Thank you! Payton & Tara

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**Beef Fitting Clinic**

Saturday, November 1, 2014  
10 am  
15847 Ave. 376, Visalia

4-H & FFA members are invited to a **FREE** Fitting Clinic for beef animals. For more information and to RSVP use this link: [www.colburncattle.com](http://www.colburncattle.com).

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**UC Davis Horse Day**

October 25, 2014  
8 am—4 pm

*Breeding & Reproduction  *Pigeon Fever  
*Barefoot vs Shoes  *Benefits of Horseshoeing  
*English & Western Saddle Fitting  *And Much More

For more information click on this website: [http://animalscience.ucdavis.edu/horsebarn/](http://animalscience.ucdavis.edu/horsebarn/)

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**COUNTYWIDE PROJECTS**

Are you interested in a certain project but your club does not have a leader for it? Below are the projects that leaders have graciously offered to open their meetings for countywide participation.

- **Rabbits**—Joe & Kathy Lugo  582-4760
- **Archery**—Stan Barry  924-8259
- **Rifle**—Dennis Wilhelm  582-3604
- **Thrive**—Michelle White  381-2975
- **Dog Care** — Steve & Pam Smith  836-6046
- **Junk Drawer Robotics**—Sue & Dave Lafferty 584-4756
- **Pistol**—Gregg Chrissakis  816-6352
- **Discussion Meet**— Louise Draxler –Silacci  639-9800

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**Countywide Dog Care & Training**

*Attention All Dog Lovers!!*

All current members and those interested in joining the Dog Care Project are welcome. The meetings are held on Saturdays at the Kings Fairgrounds at 2 pm in the Dairy Show Ring. Reserve the following dates:

- September 13
- October 11
- November 22 (Correction)
- January 10 & 24
- February 7 & 21
- March 14
- April 18
- March 28 (Correction)
- April 18
- May 6
- June 6
- July 4
- August 1
- September 5
- October 3
- November 7
- December 5

Bring your dog, plenty of water, and your dogs’ shot records. We are looking forward to seeing all of you and having a good year! Questions? Call project leaders: Pam (836-6046) & Steve (380-5021) Smith.

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**Countywide Rabbit Meetings**

The Rabbit meetings will be held on Tuesday evenings at 6:30 pm at the UCCE Office and are open to all members interested in rabbits & cavies. The meetings will be held on the following dates:

- September 23
- October 21
- November 24
- January 20
- February 17
- March 24
- April 21
- May 19

The Central Valley Rabbit Breeders sponsor 2 shows during the year and have animals available for sale. The dates are:

- October 4
- March 21

For more information contact:

Joe or Kathy Lugo at 582-4760

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**Countywide Junk Drawer Robotics**

*Engineering for Today and Tomorrow*

Come and join a new countywide project where we will challenge participants to build robots from everyday items. At each meeting you will learn about a different aspect of robotics and ultimately design and build a robot using what you have learned. Meetings are scheduled for:

- October 5
- November 16
- January 11
- February 8
- March 15
- Location: UCCE Office– Multi-purpose Room

Meeting time: 1 to 4 PM

If you have any questions, call Dave or Sue Lafferty at 584-4756.

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**Discussion Meet— New Project!**

This new project was unveiled at State Leadership Conference and will be offered to senior 4-H members in Kings County. The project is modeled after the Young Farmers and Ranchers discussion meet sponsored by the Farm Bureau. Project meetings will be held to prepare for the competitive event (first round will be held at Sectional Presentation Day). Discussion meet questions will center around healthy living, SET, citizenship and general 4-H membership. Top competitors at Sectional will advance to the State Field Day. To better understand what a discussion meet is like, you may wish to watch the Young Farmers and Ranchers Discussion meet competitions on Youtube at [http://www.fb.org/index.php?action=programs.yfr.discuss](http://www.fb.org/index.php?action=programs.yfr.discuss). If you are interested in joining this project, please contact leader, Louise Draxler-Silacci at 639-9800 or email her at moolu@unwiredbb.com. Also checkout the 4-H Discussion Meet website at: [http://4hdiscussionmeet.weebly.com/](http://4hdiscussionmeet.weebly.com/).
State Leaders Forum  

November 14-16, 2014  
Crowne Plaza Hotel in Sacramento  
"101 WAYS 4-H THRIVES"

The 2014 California State Leaders' Forum aims to rekindle our capacity for inspiration and innovation. 4-H volunteers and staff from throughout the state, involved in all parts of 4-H, are invited to be inspired and strengthen our vision for the future of 4-H. State Leaders’ Forum is a networking opportunity and a fun weekend too. Join us to refresh your 4-H commitment! More information is available at: [http://4h.ucanr.edu/4-H_Events/SLF/](http://4h.ucanr.edu/4-H_Events/SLF/).

The registration for SLF can be found using this link: [http://4h.ucanr.edu/files/191477.pdf](http://4h.ucanr.edu/files/191477.pdf). Early bird registration ends September 1st. The cost increases after that date.

Kings County 4-H Council will pay $100 per leader for up to 5 leaders who would like to attend the conference. The only requirement is that you must have completed at least two years as a leader at the time of application and have not previously received funds to attend.

State Record Book Competition  

State competition is focused on selecting senior 4-H members who have demonstrated outstanding achievement in their 4-H project work. Books are judged against standard criteria. Those books displaying the most outstanding 4-H work, goal management skills, and leadership and citizenship development are selected as state medalists and/or state winners.

Age Eligibility: Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition.

More information on completing a State Record Book can be found on this website: [http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/](http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/).

**RECORD BOOKS FOR STATE COMPETITION MUST BE TURNED INTO THE UCCE OFFICE BY FRIDAY, OCTOBER 17TH.**

State Fashion Revue Meeting  

October 4  
10 am – 2 pm  
San Joaquin Robert J Cabral Ag. Center  
2101 East Earhart Ave., Stockton

Please bring your own lunch and your fabulous ideas!

Cover Art Contest  

Original art work for the SFR 2015 Cover is due by December 15, 2014 to [http://ucanr.edu/sfrcovercontest](http://ucanr.edu/sfrcovercontest). The theme is “Through the Looking Glass”. For more information go the the State Fashion Revue website: [http://4h.ucanr.edu/4-H_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/). (new URL)

Revolution of Responsibility Service Learning Mini-Grants  

4-H groups can apply for up to $1,000 to identify, plan, and carry out a service-learning project in their community. Projects will be focused on the three key content areas that form the core of all 4-H programs, Science, Healthy Living, and Citizenship. Want to contribute to your community but need an idea how? Look at what other clubs have done visit [http://ca4hfoundation.org/](http://ca4hfoundation.org/).
ALL STAR CANDIDATE SPOTLIGHT

Meet Mara Lewis!

Favorite Movie: "The Other Guys"
Best Book Read: To Kill a Mockingbird by Harper Lee
Favorite Food: Chinese Food
My hero: Susan B. Anthony; her contributions to our 19th amendment have allowed me to accomplish a lot of goals as a female.
Most Memorable 4-H Experience: My All Star interview
What does 4-H mean to you?: 4-H is a source for the youth to not only learn about agriculture, but to have hands on involvement with our industry. It teaches the necessary leadership for our future.
Favorite Inspirational Quote: "Few will have the greatness to bend history itself; but each of us can work to change a small portion of events, and in the total; of all those acts, will be the history of this generation.” -Robert Kennedy
Words to live by: “Good things do not come to those that wait, they come to those who take action to achieve it.”

Club News

Island 4-H

We had our first meeting September 9, 2014. Our officers were installed by Jerry Jones. The following officers were installed: Kennedy Baker as President, Reed Tompkins as our Vice President, Mary Cummings as our Secretary, Joseph Felipe as Treasurer, Paige Clarke as our Corresponding Secretary, Megan Clarke as Reporter, Jessica Alves as Historian, Healthy Living Officers are Susannah Day, Anna Felipe, and Skyla Yates, Sergeants at Arms are Alisa Cuthbertson and Jared Evangelho, and Activity Directors are Katelyn and Kylie McCord. We welcomed many new members to our club and look forward to their participation. We had many report books on display and can’t wait to see how they do at Achievement Night this month. We also had three tables at the 4-H Madness Event last month. We were happy to see our members promoting 4H!

Submitted by Megan Clarke-Reporter

Kings Harvest 4-H

The Kings Harvest Club held their meeting on August 11th. Elections were held and new officer will be installed at the September meeting.

Kings Harvest held their monthly meeting on September 8th. New officers were installed. They are President-Mary Rosa, Vice President-Drew Avila, Secretary Tyler Dunn, Treasurer-Wyatt Ward, Reporter-Colten Palomino, Historian-Raine Palomino, Sergeant at Arms-Johnny Avila & Thomas Bell, Song & Recreation-Garrett Bell & Shyanna Ward and Healthy Living Officer-Austin Blomquist & Jared Dragt.

Both the Treasurers and Secretary reports were given. We discussed upcoming events such as 4-H Madness, Officers Training, Achievement Night, Judging Day and 4-H Sunday. New members were introduced. Our next meeting will be held on Monday, October 13, 2014 at the JFB at the fairgrounds.

Submitted by Colten Palomino, Reporter

University of California Cooperative Extension Kings County 4-H Contacts

Georgene Diener UCCE 4-H Program Representative (50% time) Teresa Evangelo 4-H Support Staff (full time)
852-2743 gldiener@ucanr.edu 852-2731 devangelo@ucanr.edu
(Office day is Tuesday, other office days vary according to 4-H meetings and activities scheduled during the week.)

Connie Egger UCCE Office Mgr. (full time) 852-2730 connie.egger@co.kings.ca.us

OFFICE HOURS: 8am-12 noon and 1pm-5pm Monday—Friday

Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.
OCTOBER IS POPCORN POPPIN’ MONTH

October is National Popcorn Poppin’ Month, a harvest time celebration of one of America’s oldest snack foods. As farmers head into the fields to gather crops, families and friends gather to honor this food.

Popcorn existed long before today’s dizzying array of snacks, tracing its roots back thousands of years. Yet, throughout the ages, this enduring fan favorite has remained relatively unchanged. Popcorn kernels are the seeds of a large grain plant known also as maize. Once the kernels are stripped from the cob and dried to 14% moisture, they can be popped and eaten.

The seed-to-snack simplicity is just part of the attraction. Whole grain, naturally low in fat and calories and gluten free, popcorn is a good fit for today’s health conscious consumer. Yet it’s the taste and versatility that continues to make this one popular snack food. Americans consume some 16 billion quarts of popcorn each year. That’s roughly 51 quarts per man, woman and child.

Add in popcorn’s irresistible smell and the fact that it strikes a chord with the budget-minded, it’s easy to understand why there’s a month-long celebration for this American icon. Join in the fun by making the following fall treat recipe courtesy of the Popcorn Board.

**Down Home Apple Pie Popcorn**

Yield: 10 cups

**Ingredients**

- 3 tbsp. melted butter
- 1 tsp vanilla extract
- 2 tbsp. brown sugar
- 1 tsp ground cinnamon
- 1/8 tsp ground allspice
- 1/8 tsp ground nutmeg
- 8 cups popped popcorn
- 1 cup dried apple chips, broken into large pieces
- 1/4 cup toffee bits

**Directions**

1. Preheat oven to 300 degrees F.
3. Sprinkle apple chips and toffee bits over top. Bake for 15 minutes or until toffee bits start to melt. Cool before serving.

Provided by the University of California, CalFresh Nutrition Education Program
Internet Café Workshop

The ORB Internet Café is provided to give 4-H members, staff and volunteers both individualized and group instruction on using California 4-H’s Online Record Book System. The café is designed as a 3-hour workshop that combines presentation, hands-on practice and group discussion. Participants will need to bring a laptop or tablet with them to the café. The following topics will be covered:

- Overview of the Features & Functions in the Online Record Book (Record Book, Social Media, Evaluation)
- Navigating the forms in the Online Record Book (PDR, APR, 4-H Story)
- Project & Club Leader Functions and Approving Forms
- ORB Mythbusters—Identifying the 10 most common myths about ORB and revealing their truths.

Logging into the Online Record Book will not be covered in this training, please work with your county office prior to the training to secure your login information for the Online Record Book if you currently have not accessed the system.

ORB INTERNET CAFÉ REGISTRATION INFORMATION

WHEN:    SATURDAY, OCTOBER 25, 2014
WHERE:   UCCE MULTI-PURPOSE ROOM 680 N. CAMPUS DRIVE HANFORD, CA
TIME:    2 PM – 5PM
COUNTY CONTACT: GEORGENE DIENER AT GLDIENER@UCANR.EDU
REGISTER: http://ucanr.edu/survey/survey.cfm?surveynumber=13597
HYGIENE HELPER KITS

HELP THOSE IN NEED IN OUR COMMUNITY

Hygiene Helper Kits

Payton & Tara are partnering with the St. Vincent de Paul Center to help those in need in our local community. Hygiene Helper kits will be added to the food bags already distributed to those in need throughout Kings County the 3rd Sunday of the month by the St. Vincent de Paul Center.

Payton and Tara hope to collect enough items to fill 200 hygiene helper kits that will be distributed from October, 2014 through February, 2015.

How To Donate Items

- Fill the bags given to your 4-H Community Club Leader & return to 4-H council meetings
- Drop off items at the Hanford UCCE Office 680 N. Campus Drive Suite A
- Bring items to Achievement Night – Oct. 4th – Hanford East
- Bring items to Judging Day – Nov. 8th – Kings Fair Grounds
- Bring items to County Presentation day – Feb. 21st – Hanford West
- Email: hygienehelpers2014@gmail.com to arrange for pick up

SUGGESTIONS ON WHERE TO GET ITEMS TO DONATE

- Dollar Store
- Drug Stores (many have sections dedicated to travel size products)
- Empty out your bathroom drawers from that collection of unopened hotel toiletries
- Ask local businesses

GOAL = 200 KITS

TRAVEL SIZE ITEMS NEEDED

1. Shampoo & Conditioner
2. Hand Sanitizer
3. Kleenex
4. Personal Wet Wipes
5. Tooth Brushes
6. Tooth Paste
7. Soap – liquid or bar
8. Lotion
9. Toilet Paper – Regular size Rolls

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Cancer Care Packages

4-H Emerald Star Project
By Kayla McCalvy
Grangeville 4-H Club

Hi I’m Kayla McCalvy and I’m working on building my leadership skills through my Emerald Star Project – Cancer Care Packages. With your help, my goal is to distribute 100 or more care packages to patients going through cancer treatments. I plan to distribute the care packages at Sequoia Regional Cancer Center, California Oncology of the Central Valley and Children’s Hospital Central California. Please help me in making an impact in the life of a cancer patient. Thank you in advance for your generous support.

**Items needed:**
- Biotène mouth wash/toothpaste
- Hand sanitizer - unscented
- Antibacterial Wipes - unscented
- Sun screen – unscented
- Udderly smooth body cream
- Lip balm/chap stick
- Deodorant (natural or aluminum-free)
- Tissues
- Hard candy
- Gum
- Sleep beanies (caps)
- Fuzzy socks
- Scarves

Travel games
- Journals
- Magazines/Books
- Puzzle books
- Coloring books & crayons
- Flavor packets for water
- Vitamin Water
- Ginger ale and/or ginger tea
- Green Tea
- Satin pillowcases
- Soft blankets
- Monetary donations/gift cards to purchase items will be accepted.

How to Donate Items:
- Bring items to your club meetings to give to your Community Club Leader.
- Drop off items at the UCCE Office, 680 N. Campus Drive, Ste. A
- Bring items to the following events – Achievement Night 10/4, Relay for Life 10/11, ORB Training 10/25, Judging Day 11/8, Presentation Day 2/21
- Email Kayla at kaylacekern@gmail.com to make arrangements for pickup of items.
- Donations will be accepted from October 2014 through the end of February 2015.
Kings County 4-H
Judging Day Workshop
(Rain or Shine)

Saturday, October 18, 2014
9:30 AM - Noon
Joe V. Pimentel Dairy SHOP
4625 6th Ave
Hanford, CA 93230

Bring 2 NON-Perishable Items
FREE LUNCH will be provided

Emerald Star Project Hosted by:
Ashley Avila, Sydney Gallegos, Marshall Kling,
Kent Sheldon, Travis Smith