Join Kings County 4-H on Facebook!

Come like our new Facebook page at Kings County 4-H Youth Development Program. You will be able to find updates on upcoming events, meetings and other local 4-H information.

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Deadline
4-H News articles due for Youth Talk – April 15th
Please send all articles to ~ gldiener@ucanr.edu

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/176836.doc). Inquiries regarding ANR’s nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.
Council News
The next council meeting will be:
**Tuesday, April 5th**
7:00 pm
*UCCE Office Multi-purpose Room*
Host Club: Grangeville
Topics for discussion will include: 4-H Fair, Leaders & Sponsors Dinner, Annual Project Report (APR) and Clover Days, etc.
Please plan to attend! Your opinions and contributions are important!

Incentives & Recognition Committee Mtg.
There will be an I & R Committee meeting on-
Tuesday, April 5th
5:30 PM to 6:45 PM
*UCCE Office– Ste. G*

Save Mart S.H.A.R.E.S.
Changes are coming to the Save Mart S.H.A.R.E.S. program. It will become Shares powered by eScrip on April 1, 2016. If you currently use a S.H.A.R.E.S. card when you shop at SaveMart that will be changing. Please log into www.eScrip/shares and enroll. Select Kings County 4-H Youth Development Program as one of your preferred organizations. You can also link reward cards from other businesses to the eScrip account. And, if you are not currently using this program, consider signing up for eScrip as Kings County 4-H benefits each time you shop at SaveMart!

Kings Fair Contracts
Market Swine Due Monday, April 11 - 5:00 pm
Market Calves Due Monday, April 11 - 5:00 pm
Market Sheep & Goat Due Monday, April 11 - 5:00 pm

Market Contracts are on the [Kings Fair website](#)
Entry forms are due by May 2 at 5:00 pm to the Kings Fair.

Please note, Contracts are NOT Entry Forms. Both contracts and entry forms need to be submitted to the Kings Fair by the specified deadlines to be eligible to exhibit at the fair.

All Contracts and entries for the county fair go to the Kings Fair Office. The UCCE Office does not accept contracts or entries for the Kings Fair.

Kings Fair Workdays
*Please note changes in workdays!*

The Kings Fair needs our help! Several workdays have been scheduled to spruce up the fair grounds before the Kings Fair in June. The work days have changed:

- **Saturday, April 23rd @ 8 am-1 pm**
- **Saturday, May 28th @ 8 am– 1 pm**

Plan to attend one or two of the workdays. Small lunch will be provided.

This is a great way to receive community service credit in your 4-H project which will be able to be applied to your 4-H Record Book for County Project Medal Competition. Watch the *Youth Talk* for more details.

Did You Know?

With the 4-H Fair quickly approaching, it is important to understand the types of judging/evaluation systems that will be utilized. There are basically 2 types of judging systems utilized at the 4-H Fair.

**Danish System:** This system of judging is based upon established standards of quality for each type of product. In this system each exhibit is judged according to how well the item/animal meets that standard rather than how it compares with other exhibits. Blue- Excellent-A: Red- Good-B: White-Fair/Average-C. One advantage of the Danish system is that everyone whose work fulfills at least the minimum qualifications can receive a ribbon of recognition. Theoretically, if all entries are judged to be excellent, all would receive blue ribbons. If all entries were judged to be poor, all would receive white ribbons or no ribbon at all. In the Danish system, ribbons signify level of achievement, not placings.

An example of where the Danish System is used is in the evaluation of indoor exhibits.

**American System:** In this system, each exhibit is judged not only on its own merit, but in comparison to other exhibits in the class. Awards given may be 1st place through 10th place, depending on the number of exhibits in the class. No awards are normally given past 10th place. An example of where the American System is used is in livestock showmanship.
Kings County 4-H Fair News

*April 7th- Indoor Exhibits Judged  3:30-6:30 pm*

*April 8th-9th- Livestock Shows*

*Kings Fairgrounds*

The purpose of the 4-H Fair is to provide a learning environment where participants have an opportunity to practice what they have learned in their project meetings and to receive helpful comments to improve their projects before they are entered in the Kings Fair. Following is a brief rundown for the 4-H Fair.

**Indoor Exhibits**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, April 7th</td>
<td>12 noon</td>
<td>Indoor Exhibits Building opens for table set-up for clubs</td>
</tr>
<tr>
<td></td>
<td>3:30-6:30 pm</td>
<td>Judging of Indoor Exhibits</td>
</tr>
<tr>
<td></td>
<td>3:30 pm</td>
<td>All Star Canned Food Drive begins</td>
</tr>
<tr>
<td>Friday, April 8th</td>
<td>4:00-7:00 pm</td>
<td>Viewing of Indoor Exhibits</td>
</tr>
<tr>
<td>Friday, April 9th</td>
<td>9:00-12 noon</td>
<td>Viewing of Indoor Exhibits</td>
</tr>
<tr>
<td></td>
<td>12 noon-1 pm</td>
<td>Release of Indoor Exhibits</td>
</tr>
</tbody>
</table>

**Livestock Exhibits**

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, April 7th</td>
<td>Dog &amp; Rabbit Show</td>
</tr>
<tr>
<td>Friday, April 8th</td>
<td>Beef, Market Goat, Sheep &amp; Swine weigh-in</td>
</tr>
<tr>
<td></td>
<td>Poultry, Beef and Dairy Goat Show</td>
</tr>
<tr>
<td></td>
<td>Dairy Replacement &amp; Dairy Yearling Inspection</td>
</tr>
<tr>
<td></td>
<td>All Star Event—Barnyard Bingo &amp; Canned Food Drive</td>
</tr>
<tr>
<td>Saturday, April 9th</td>
<td>Pygmy Goat, Dairy, Swine, Market Goat &amp; Sheep Show</td>
</tr>
<tr>
<td></td>
<td>Large &amp; Small Animal Round Robin</td>
</tr>
</tbody>
</table>

**Entry forms, Fair Booklet, complete schedule and map of the fairgrounds are available on the 4-H website:** 4-H Fair

Please refer to your 4-H Fair Booklet for loading and unloading instructions as well as parking. Plan to camp at the fairgrounds, details are available in the 4-H Fair Booklet.

**4-H Fair - All Star Sponsored Activities**

**Food Drive**-Thursday, April 7-Saturday April 9–The 4-H Fair is a great place to incorporate some Community Service. The All Star Candidates are sponsoring a Canned Food Drive beginning Thursday, April 7th. Bring your canned foods to the Indoor Exhibit Judging. The donations will be recorded by club. Donations will be collected through Saturday. The club with the most contributions will be announced at the awards presentation on Saturday afternoon and will receive the “Spirit Stick.”

**Barnyard Bingo**-Friday, April 8th at 7:30 PM– The All Stars are planning Barnyard Bingo to be held in the Dairy Pavilion. Participants should bring 2 cans/packages of non-perishable food items in exchange for a Bingo card. Completed Bingo cards are the ticket to claim an ice cream sandwich. Plan to join the fun, and meet a lot of fellow 4-H’ers in the process. Open to all 4-H Fair exhibitors-Indoor and Livestock.

**4-H Fair Concessions**

*A Washington Focus Fundraiser*

*April 8 & 9*

The WA Focus delegates will be running the concession stand at the 4-H Fair again this year! The booth will be open Friday April 7 from 4:30-9:00 pm. On Saturday, the booth will be open from 7:00 am until the Fair closes in the afternoon.

Friday evening there will be soup (if weather warrants), hot dogs, drinks, etc. On Saturday, yummy breakfast burritos will be available along with hot coffee and hot chocolate! It’s a great way to start your busy day! For lunch, there will be pulled pork sandwiches, Chinese chicken salad and all the other favorites.
Sectional Presentation Day

Saturday, April 30, 2016
Fancher Creek Elementary School
5948 E. Tulare Ave., Fresno
Please note change of location
9:00 am– Registration for Presenters
County Presentation Day participants receiving a gold medal are eligible to advance to Sectional Presentation Day hosted by Fresno County 4-H. Kings County has 29 gold medal presentations! Entries are due by April 15th via on-line registration.
Show your support for our presenters by volunteering to serve as a Presentation Day Evaluator/judge! An orientation for evaluators/judges begins at 8:30 am. Each county is required to send one volunteer evaluator/judge for every 3 presentations. You may sign up to be an evaluator/judge using this link: Judges/Evaluators on-line registration. 4-H members are also needed! Sign up to be a Room Monitor at: Room Monitors on-line registration.

Livestock Grants 2016

Lexi Me Her-Ellison, DDS
Raised here in the Central Valley, Dr. Her-Ellison is a great believer in the need for and preservation of its greatest asset, agriculture. It is with this notion, that the Office of Dr. Her-Ellison announces its 2nd annual livestock grant program. Dr. Her-Ellison will give four grants in the amount of $250 each to eligible candidates in 2016.
All entries must meet eligibility requirements and be accompanied by an application form and essay. Application forms may be downloaded from the “current promotions” page on the website at www.herellisondds.com or picked up from the office at 1222 N. Douty St. Hanford, CA 93230.
To be eligible you must:
1. Be 18 years of age or younger
2. Be raising livestock (hogs, cattle, sheep, poultry, etc.) for show at the Tulare or Kings County Fair in 2016.
Rules regarding this livestock grant can be found on the website at www.herellison.com. Deadline for submission of entries is May 31, 2016.

Purple Up! For Military Kids

April marks the nation’s “Month of the Military Child” a time to honor youth impacted by deployment. In celebration, we invite you to join us on Friday, April 15th to “Purple Up! For Military Kids” as a visible way to celebrate and thank military children for their strength and sacrifices. Purple is the color that symbolizes all branches of the military.
Did you know that youth on the Lemoore Naval Airbase are using 4-H curriculum?

National 4-H Spokesperson-Jennifer Nettles

On March 1st, Kings County 4-H Members Laura Denham and Ashley Olson had the opportunity to attend national spokesperson of 4-H Jennifer Nettle’s concert at the Fox Theater in Oakland. Along with the concert, the group got to have a meet and greet session with the country singer and also take pictures. During the concert, Jennifer gave a special shout out to 4-H.

Share Your Ideas

Plans for the new 4-H year will soon be the topic of conversation. What have you enjoyed the most about 4-H this year? What would you like to see happen at the county level during the 2016-2017 4-H year? New ideas and little twists or changes to existing programs help to keep events and activities exciting and fun.
Do you have ideas to share? If so, please share them by emailing gldiener@ucanr.edu or calling 852-2731.
Kings County 4-H Fashion Revue Results

**State Delegates**

**CONSTRUCTED**
- Kendra Ward (Kings Harvest, Junior)
- Shyanna Ward (Kings Harvest, Intermediate)

**$40 PURCHASED**
- Regan Valov (Kings River, Junior)
- Laura Denham (Grangeville, Intermediate)

**UPCYCLED**
- Amanda Curtis (Corcoran, Intermediate)

**WESTERN WEAR CHALLENGE**
- Angelina Raulino (Island, Intermediate)
- Raine Palomino (Kings Harvest, Senior)

**Medalists**

**$40 PURCHASED**
- Lilly Barcellos (Mid Valley, Junior)
- Courtney Rhoades (Mid Valley, Junior)
- Cara Raven (Grangeville, Junior)
- Amanda Curtis (Corcoran, Intermediate)
- Anna Felipe (Island, Intermediate)
- Angelina Raulino (Island, Intermediate)
- Sydney Reis (Grangeville, Intermediate)
- Rory Valov (Kings River, Intermediate)

**$100 PURCHASED**
- Lilly Barcellos (Mid Valley, Junior)
- Isabella Cawley (Grangeville, Intermediate)
- Paige Clarke (Island, Intermediate)
- Laura Denham (Grangeville, Intermediate)
- Angelina Raulino (Island, Intermediate)
- Sydney Reis (Grangeville, Intermediate)
- Rory Valov (Kings River, Intermediate)

**CONSTRUCTED**
- Lilly Barcellos (Mid Valley, Junior)
- Isabella Cawley (Grangeville, Intermediate)
- Laura Denham (Grangeville, Intermediate)
- Angelina Raulino (Island, Intermediate)

These young ladies will be representing Kings County 4-H as State Delegates to the State Fashion Revue on May 30th at UC Davis.

Fifteen 4-H members participated in the County Fashion Revue on March 19th. After judging was completed the members modeled for the residents of The Remington Retirement Home. As part of a community service project, the residents received cards the members had made earlier in the day.
Kings County 4-Leaders & Sponsors Recognition Dinner

“4-H Fiesta”

Thursday, May 5, 2016
7:00 pm

Kings County Fairgrounds in the Rose Room

4-H Leaders—Free  Members & Guests—$6.00
Please make checks payable to Kings County 4-H Leaders Council

Reservation deadline is Friday, April 29th
Reservations can be made online or through the UCCE Office at 852-2731

All 4-H Families are invited to attend the Leaders & Sponsors Recognition Dinner. The dinner will honor Kings County 4-H Leaders and Sponsors. The 2016-17 All Star Candidates will be announced. Join in the Fiesta spirit by wearing bright colors.

Club Responsibilities are:

Food Items
Corcoran: Salad Greens  Kings Harvest: Meat  Island: Paper Products
Delta View: Mexican Beans  Lemoore: Tortillas  Oakvale: Decorations
Mid Valley: Salsa  Grangeville: Dessert  Kings River & Oakvale: Set-up & Table Cloths
Kings River: Spanish Rice  Needed: Beverages & Ice

You’re invited—plan to attend!

Kings County 4-H Street Banner Contest
Sponsored by the Kings County All Stars

Kings County 4-H is in need of a new street banner to help advertise 4-H in the communities of Corcoran, Hanford and Lemoore. The banner will be used to hang across the street in the downtown section to help spread the word about 4-H in the fall when clubs are recruiting new members.

The street banner needs to include:
* the terms “Kings County 4-H”
* UCANR branding/logo along with the 4-H branding/logo  
  http://4h.ucanr.edu/Resources/Branding_Toolkit/
* Contact information:
  Phone: 559-852-2731    Address: 680 North Campus Drive Hanford, CA

Additional Instructions:
* Submit your design on an 11” x 14” paper, (landscape) mounted on a poster board that measures 14” x 22” (mounted landscape). Poster board may be any color.
* On back of poster board include your contact information—name, address, phone, club and age
* Limit your design to 2 colors— one for the background and one for lettering, logos etc.
* Designs may be computer generated, cut and paste, color pencils or crayons etc.

All designs are due to the UCCE Office by Friday, April 22nd. Those in attendance at the Leaders & Sponsors Recognition Dinner will vote for their favorite banner. The banner receiving the most votes will be made into the new 4-H street banner for Kings County. The finished banner will measure approximately 30 to 36 ft. wide by 40 inches high.
Tractor Supply Company  
Spring Paper Clover Fundraiser  
April 13-24  
Join the Paper Clover Fundraiser at the Tractor Supply Company in Hanford, April 13-24, 2016! Donate $1 during checkout to support 4-H.  
During the semi-annual event, friends and family are also invited to support 4-H by donating $1 at check out when they are done shopping. 100% of each dollar goes to 4-H. 70% of all funds collected support local and state 4-H programs, while 30% supports the National 4-H program.  
Clubs are encouraged to participate with table displays, animal exhibits. For more information visit: www.tractorsupply.com/4H.

State Record Book Competition  
Members who intend to submit a Record Book to State Competition 2016, should start making plans now. It is important to review all of the requirements, process, guidelines and forms needed to enter the 2016 State Record Book Competition that are posted at: http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/StateCompetition/. There are two important deadlines for State Record Book Competition.  
**Intent to Submit:** This form is a recent addition to the State 4-H Record Book Judging Process. Members who are planning to submit their Record Book to state competition must complete this form and submit it to their County Office by June 30, 2016.  
**Quick Start Course:** To be eligible for 2016 State Competition, members must complete the California 4-H Quick Start Record Book Course by June 30, 2016. The course must be completed each year. At the end of the course, follow the link to complete the quiz.  
Record Books for State Competition will be due to the UCCE Office by October 7th.

A Picture is Worth a Thousand Words....  
A picture is worth a thousand words, or so they say. That is only true if you select the right picture! Those 4-H members planning to submit their 4-H Record Book for judging at the county level will want to include a Collection of 4-H Work. This collection may include a number of different types of items including pictures, 5 pages of them! (Each side counts as a page.)  
All pictures are not made alike. So how do you select the best pictures to tell your 4-H Story? Select pictures that truly show your passion for your project! Select pictures that show activity or action. A picture of you assisting a young 4-H member in mastering how to use the sewing machine is far more expressive than a picture of you sitting by your sewing machine. Group pictures can illustrate a point but often it is hard for the evaluator to find you in the picture. Again, being part of a group that is doing something (i.e. a community service project) says a lot more than a group picture of your project group.  
Make sure the pictures you select are visually clear. Cropping your picture to help draw attention to the focal point of the picture is helpful. Digital computerized photos are acceptable. These may be copied onto photo quality paper.  
Since you have 5 pages to work with, be sure to include pictures that show more than just your project work. Leadership and Community Service are important and are great additions to your picture pages. You might even want to include a few pictures of yourself in activities outside of 4-H (sports, church etc.).  
Whatever pictures you decide to use, don’t assume the evaluator knows what is happening in the picture. Captions are a very important part of your picture story. Captions for each photo should explain what is taking place in the photograph and where the photo was taken. (i.e.- Food Olympics, first project meeting, Judging Day, Christmas Party etc.).  
Using the right pictures will help your 4-H Story come to life, enabling your evaluator to truly appreciate and understand your experiences. And, what a great gift you are giving yourself, to record your experiences in a photo story to enjoy years from now.
**New State 4-H Management Board Committee Positions!**

As of June 30th all Sectional Leaders Councils and the State Leaders Council will no longer be functioning. They will be replaced by the new State 4-H Management Board. Are you interested in becoming involved beyond the club and county level? If so, consider using your time and talents as a member of a Management Board Committee.

The State 4-H Office is recruiting youth and adults to join the Management Board Committees and the Statewide 4-H Advisory Committees. Youth members ages 14-19, 4-H adult volunteers, and program partners are encouraged to apply. Applications for these committees are due May 31, 2016. Through participating on these committees you can help shape the 4-H Youth Development Program and make the best better!

Applications can be found on the California State website: [4-H State Management Board](http://4h.ucanr.edu/4-H_Events/StateManagementBoard/).

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**State Animal Science Symposium**

May 23-25, 2016

UC Davis

The Animal Science Symposium will take place at the UC Davis, School of Veterinary Medicine. The symposium is a train-the-trainer professional development approach for 4-H staff, key 4-H volunteers, and FFA supervisors/teachers on important topics and skills related to animal welfare and animal health. The event will provide foundational training on the new Animal Welfare Proficiencies. The symposium is not open to 4-H youth members, but a career fair will take place during the evening of May 23rd. 4-H youth are invited to attend to learn about potential careers in the animal science and agricultural industries. Registration for this event will open in February, 2016.

For more information visit: [http://4h.ucanr.edu/4-H_Events/Symposium/](http://4h.ucanr.edu/4-H_Events/Symposium/).

Please call the UCCE Office if you are interested in attending.

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**State Leadership Conference (SLC)**

July 28th - 31st, 2016 at Humboldt State University

For High School Youth (Ages 13-19)

Registration opens soon!

*Leadership is U*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff. The conference is planned by a team of high school 4-H members and adult volunteers. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

Questions? Contact Jenna Colburn at icolburn@ucanr.edu or (530) 750-1336. Mark your calendar for this great conference. Registration information will soon be available!

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**California Focus**

*June 17-21*

*Holiday Inn-Capitol Plaza, Sacramento*

California Focus is a unique citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with speakers, tours, fun activities, and new friends from across California. Youth must be at least 14 years old by the time of California Focus. Conference fees are **$499** per person.

Registration and deposit ($250) Deadline is May 2, 2016

Final Payment Deadline is May 20, 2016

To register to attend California Focus click on this link: [http://4h.ucanr.edu/4-H_Events/CF/](http://4h.ucanr.edu/4-H_Events/CF/)

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*Youth Talk-April 2016 Page 8*
4-H Club News

Island 4-H

The meeting started at 7:10. After we did roll call the flag salute and the 4-H pledge we all sang the happy birthday song to March birthdays. After that we discussed old business. Then we discussed new business. Then the healthy living for the month advised us to take up any kind of hobby like shooting, soccer, and what ever you want. Then for our activity is that 3 players play. Then you have chop sticks and a plate. Then there is a plate that has chocolate golden coins. You use the chop sticks to get 10 chocolate golden coins first. Then the winners prize is that you get to keep the chocolate golden coins and get 10 more. The meeting ended at 7:45.

Jordon Coelho, Reporter

Kings River 4-H

We hope everyone enjoyed their Spring Break. Our club is continuing to collect non-perishable snacks for Military overseas. The cut off date will be April 9th at the Kings County 4-H Fair. We wish all participants best of luck at the 4-H Fair. Reminders: April 11th-all market contracts due to the Kings Fair Office by 5pm, April 11th-Club Meeting, April 22nd-KC 4-H Banner Contest Entries are due, April 30th-Kings Fair Workday.

Rory Valov, Reporter

Mid Valley 4-H

The Mid Valley 4-H Club had their meeting on Monday, March14. Skylar gave a presentation on flowers. We discussed the 4-H Fair and when our projects are due. Indoor are due on Thursday, April 7 and the animal projects are due the same time. The fair will run from April 7th to the 9th. Jenna our Healthy Living officer reported on ways you can grow a small garden and eat healthy vegetables. We also discussed different fundraisers to help our club. The meeting was adjourned at 6:50 pm.

Lillian Barcellos, Reporter

Oakvale 4-H

At the March monthly meeting new and gently used purses were collected that will be donated to needy women in Mexico. This year we have had several community service collections at our monthly meetings including: magazines for seniors, newspapers for the animal shelter, and collecting dog/animal supplies to support Raine Palomino and Tyler Dunn’s Emerald Star project.

Trista Fry, Reporter

Oakvale 4-H Doing Good in the Community

University of California Cooperative Extension Kings County 4-H Contacts

Georgene Diener  UCCE 4-H Program Representative  (50% time)  Teresa Evangelo 4-H Support Staff  (full time)
852-2743  gldiener@ucanr.edu  852-2731  tlevangelo@ucanr.edu
(Office day is Tuesday, other office days vary according to 4-H meetings and activities scheduled during the week.)

OFFICE HOURS: 8am-12 noon and 1pm-5pm  Monday—Friday

Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.
BARNYARD BINGO
APRIL 8TH, 7:30PM
Dairy Pavilion

Join the All-Stars for a night of Fun, BINGO, and Ice Cream!
We will be hosting a fun game of People Bingo! This gives ALL MEMBERS of the Kings County 4-H program the opportunity to meet members from other clubs. Every participant will be given ice cream at the conclusion of the activity! Turn in your bingo card with 2 completed bingos and you will be entered into a drawing for prizes such as T-Shirts and Gift Cards!

We ask that everyone who wants to participate please bring 2 items of Non-perishable food.

SPONSORED BY THE 2015-2016 KINGS COUNTY ALL-STARS
If you have any questions please feel free to email Kayla at kayla.mccaly@gmail.com or Angela at alcogman79@gmail.com

Cans will be accepted Thursday, April 7th — Saturday, April 9th

Non-perishable items can be brought to:
Indoor Exhibit Judging (Thurs.)
Outside of the Livestock Office (Friday & Saturday)

Please check in all items with one of the All-Stars

The club with the most contributions to the Food Drive will be awarded the SPIRIT STICK!!!

The items will be donated to the St. Vincent de Paul Center (Hanford). The center is an all-volunteer organization assisting the homeless, poor and marginal of our community providing at no cost food, clothing and comfort regardless of religious affiliation.
Support Our Military Troops!

(This Community Service project is in memory of Mr. James Chavez, Kings River 4-H parent.)

Help us send our military troops goodies to enjoy.

Kings River 4-H Club is collecting non-perishable snacks to send to our military members overseas. Our military troops miss snacks from home and would really enjoy receiving beef jerky, cookies, chips etc. Items can be dropped off with any Kings River 4-H member, at the UCCE Office or the 4-H Fair. The collection will terminate at the 4-H Fair on Saturday, April 9th.
TSC is proud to support 4-H.

FROM APR. 13 - APR. 24

DONATE $1 AT CHECKOUT

SEE HOW TSC CAN HELP YOUR CLUB!

VISIT TRACTORSUPPLY.COM/4H

No endorsement by 4-H is implied or intended. Use of the 4-H name and emblem is authorized by USDA. 4-H is the youth development program of our nation’s Cooperative Extension System.
April 22nd.
Gates Open-6:05pm Game Time- 7:05pm

MY JOB DEPENDS ON
AG Night

STAMOULES PRODUCE COMPANY
Presented by SOS

- Purchase discounted tickets through the Fresno County 4-H
- Fresno Grizzlies will honor all of the 4-H attendees during the game
- Tickets are only $8 each!

For more information, contact Elizabeth Elizondo
559-241-7525 evillalobos@ucanr.edu

To Order Tickets call:
Elizabeth Elizondo—Fresno County 4-H
559-241-7525
PICK UP TICKETS AT GRIZZLIES WILL-CALL

Make check payable to Fresno County 4-H
Mail to:
Fresno County 4-H
550 E. Shaw Ave., Suite 210-B
Fresno, CA 93710
South Central Sectional
4-H Presentation Day

Saturday, April 30, 2016
Fancher Creek Elementary School
5948 E. Tulare Ave.,
Fresno, CA
8:30 AM- Orientation for Judges & Room Monitors
9:00 AM- Registration Begins
9:45 AM- Presentations Begin

Presenters Register Here:
Closes April 15, 2016 at 11:59 p.m.

Evaluators (Judges) & Room Monitors Register Here:
http://ucanr.edu/survey/survey.cfm?surveynumber=17396
Counties are expected to provide 1 evaluator per every 3 entries.

Lunch will be available for purchase: Pulled pork sandwich, drink and salads (green and other) — $5. Please reserve meal when registering and pay at event. Judges lunch will be provided.

To view Presentation Manual and Presentation Matrix click here:
http://4h.ucanr.edu/files/2193.pdf

All registrations will be taken online. If you need assistance or additional details please contact:
(559) 241-7525 or evillalobos@ucanr.edu.
NATIONAL PUBLIC HEALTH WEEK—April 4 through 10, 2016

Changing our health means making sure that conditions give everyone the opportunity to be healthy. Join in the celebration of National Public Health Week 2016 and become a part of the movement for change:

Build a nation of healthy communities:
Health must be a priority in designing our communities, from healthy housing to parks and playgrounds. Walking and biking must coexist with cars and public transportation. We need to reduce violence and crime so everyone can safely live, work, learn and play. Support farmers markets and local businesses that value health, such as retailers that don’t sell tobacco.

Help all young people graduate from high school:
Education is the leading indicator of good health, giving people access to better jobs, incomes and neighborhoods. Call for policies that start with early school success and lead to higher on-time high school graduation rates. Be a champion for school-based health centers in your local schools. Become a mentor – you can make a difference!

Social justice and health:
Everyone has the right to good health. We must remove barriers so everyone has the same opportunity to improve their lives and their health. Speak out against racism and an unequal criminal justice system. Demand a fair allocation of community resources. Everyone needs a voice in improving our communities.

Give everyone a choice of healthy food:
Our food system should provide affordable food with nutritious ingredients, free from harmful contaminants. For many families, eating healthy is a daily challenge. Call for policies that help eliminate food deserts and bring healthy food to all neighborhoods and schools. Support measures like menu labeling that help people make healthier choices. Start a community garden. Volunteer for a local food bank!

Preparing for the health effects of climate change:
Our health is connected to our environments. What happens upstream to our environments at work, school and home affects our health downstream. Support policies that protect the air we breathe indoors and outdoors and the clean water we drink as well as those that help protect our health from natural and manmade weather events and disasters.

Provide quality health care for everyone.
Health reform was just a start. To fulfill its potential, we must continue to pursue options for expanded access to quality care at the federal, state and local levels. But we also need to shift the main focus of our health system from one that treats illness to one that equally emphasizes prevention.