2016-2017 All Star Candidates Announced!

All Star is the highest Star Rank that can be achieved at the county level. It is an honor to be selected to serve Kings County as an All Star Candidate. Along with the honor, comes a year of service promoting 4-H as good will ambassadors for the Kings County 4-H Program. All Stars are seen at all the countywide events as well as planning leadership training to present at the Leadership Conference of Regional Teens for 7-9th graders.

The All Star Candidates will be introduced at the Leaders & Recognition Dinner of May 5th.

The All Star Candidates for the 2016-17 4-H Club Year are:

Tara Fry—Oakvale 4-H          Kent Sheldon—Kings River 4-H

All Star Advisor— Angela Loogman

Congratulations!
**Council News**
The next council meeting will be:

*Tuesday, May 2nd*
7:00 pm
UCCE Office Multi-purpose Room
Host Club: Oakvale

Topics for discussion will include: Leaders & Sponsors Dinner, 4-H Fair, Record Books, End of year reports, final program fees etc.

Please plan to attend! Your opinions and contributions are important!

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**Madness & Color Run Meeting**
Join in the discussion of how these 2 events, 4-H Madness and the Color Me Green Run should be scheduled for the 2016-2017 4-H Year, where they should be located and how to increase attendance. Everyone is invited to provide input:

*Tuesday, May 3, 2016*
6:00 PM
UCCE Office– Library

This meeting is prior to Council. There will not be an Incentives & Recognition meeting this month.

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**Kings Fair Entry Forms**

**Deadline: Monday, May 2nd by 5pm**

All entry forms are due by May 2 at 5:00 pm to the Kings Fair. This includes all livestock, home arts, foods, photography, etc.

Please note, Contracts are NOT Entry Forms. Both contracts and entry forms need to be submitted to the Kings Fair by the specified deadlines to be eligible to exhibit at the fair.

Kings Fair Office does not accept contracts or entries for the Kings Fair.

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**South Central Sectional Council Meeting**
Saturday, May 21st
10 am
UCCE Office
2145 Wardrobe Avenue
Merced

**Offsite participation for all meetings:** If you are unable to join us physically, join us virtually and by conference phone! For remote audio, call 1-866-740-1260. When asked for the participant code, enter 7524783#.

Adobe Connect will be used for posting documents, not for audio, at [http://uc-d.adobeconnect.com/south-central-council/](http://uc-d.adobeconnect.com/south-central-council/) You may need to copy and paste this link.

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**Did You Know?**

**New State 4-H Management Board Committee Positions!**

As of June 30th all Sectional Leaders Councils and the State Leaders Council will no longer be functioning. They will be replaced by the new State 4-H Management Board. Are you interested in becoming involved beyond the club and county level? If so, consider using your time and talents as a member of a Management Board Committee.

The State 4-H Office is recruiting youth and adults to join the Management Board Committees and the Statewide 4-H Advisory Committees. Youth members ages 14-19, 4-H adult volunteers, and program partners are encouraged to apply. Applications for these committees are due May 31, 2016. Through participating on these committees you can help shape the 4-H Youth Development Program and make the best better!

Applications can be found on the California State website:

[4-H State Management Board](#)

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**Kings Fair Workday**
The Kings Fair needs our help! A second workday has been scheduled to spruce up the fair grounds before the Kings Fair in June. The work date to reserve is:

*Saturday, May 28th @ 8 am– 1 pm*

*Lunch will be provided*

This is a great way to receive community service credit in your 4-H project which will be able to be applied to your 4-H Record Book for County Project Medal Competition.
Kings County 4-Leaders & Sponsors Recognition Dinner

“4-H Fiesta”

Thursday, May 5, 2016
7:00 pm
Kings Fairgrounds in the Rose Room

Call the UCCE Office at 852-2731 if you missed the registration deadline but would still like to attend.

Leaders to Be Recognized

The following leaders will receive special recognition for their service to the Kings County 4-H Program at the Leaders Recognition Dinner.

**FIRST YEAR**
- Matthew Boylan
- Bernadette Bracy
- Lisa Coleman
- Tyler Davis
- Ryan Dooley
- Lisa Flood
- Agnes Kepenyes
- Priscilla McDonald
- Edward Mendes
- Susie Nava
- Michelle Ozuna
- Linda Silveira
- Sarah Simas
- Jake Vickers
- Shanna Vickers

**FIVE YEARS**
- Felix Delgadillo
- Julie Dragt
- Lara Felipe
- Robert Felipe
- Carl French
- Kirsten French
- Gregory Garcia
- Yvette Garcia
- Allison Holmes
- Phillip Mello

**FIFTEEN YEARS**
- LeRoy Caetana
- Bonnie Lowas
- Kathy Sargent

**FIFTEEN YEARS**
- Felix Delgadillo
- Julie Dragt
- Lara Felipe
- Robert Felipe
- Carl French
- Kirsten French
- Gregory Garcia
- Yvette Garcia
- Allison Holmes
- Phillip Mello

**TEN YEARS**
- Christine Coelho

**FIFTY FIVE YEARS**
- Nancy Fry

Each club needs to provide a server (member) to help with the meal. Servers should arrive by 6:45 pm. All clubs are needed to assist with clean-up.

**THANK YOU for your service to the youth in Kings County!**

Join Kings County 4-H on Facebook!

Come like our new Facebook page at Kings County 4-H Youth Development Program. You will be able to find updates on upcoming events, meetings and other local 4-H information. You may also use this Facebook page to promote your club’s fundraisers and activities. Simply submit your information and the UCCE Office will review and post for all our friends to see.

Need an Idea for an Emerald Star Project?

How about...
- Recipe Book fundraiser using Food Olympic recipes
- Modeling & Accessory Clinic for Fashion Revue
- Citizenship Kings County Focus
- Taste of the Town (Focus on Foods & Nutrition)
- Showmanship Clinic
- Parli-Pro Workshop
- Service Learning Project
- STEM Fun Day

What ideas do you have to add to the list?
Scholarship Recipients

Congratulations to our graduating seniors who have earned a college scholarship. Thank you for your hard work and dedication to the 4-H program. Good Luck as you continue with your educational goals.

Brazil Memorial All Star Scholarship
Steven Allison, Ashley Daniel, Adam Daniel, Mara Lewis, Ashley Olson, Macey Pearson, Jacob Willhite

Feaver Memorial Scholarship
Riley Jacobs, Lemoore 4-H

McCutcheon Memorial Scholarship
Jacob Willhite, Grangeville 4-H

South Central Sectional Scholarship
Ashley Olson, Oakvale 4-H

‘SPARK’ Awards

The Kings County All-Stars would like to thank all members, leaders, and 4-H families who participated in the 2016 4-H Fair. Congratulations to all of the winners!

We would also like to thank everyone who participated in Barnyard Bingo and the Canned Food Drive sponsored by the Kings County All-Stars.

We had a great turn out for our event on the Friday night of 4-H Fair and the ice cream was delicious! 5 random cards were chosen for the special drawing after the awards ceremony. Congratulations to Megan Clarke (Island), Paige Clarke (Island), Jenna Dragt (Kings Harvest), Gwen Luna (Kings River), and Carissa Simmons (Oakvale)! They all received special 4-H t-shirts.

Our food drive was a big success! We received almost 200 items of non-perishables. The items were donated to the St. Vincent de Paul Center in Hanford. The winning club of our the canned food drive was ISLAND 4-H. The Island club donated almost a third of all donations. Thank you to everyone who donated!

Thanks again to everyone who participated in this year’s fair! We appreciate your attendance!

2015-2016 Kings County 4-H All-Stars:
Kennedy Baker (Island), Hayden Costa (Kings Harvest), & Kayla McCalvy (Grangeville)

Brock J. Toledo Memorial Scholarship

Macey Pearson, a Sierra Pacific High School graduating senior has been selected as the 2016 recipient of the Brock Jarrett Toledo Memorial Scholarship. Macey is the daughter of Rondi Chambers and Josh Pearson. She will be attending College of the Sequoias in the fall with plans of continuing her education at Cal Poly or Fresno State with an Ag. Business major.

As a 9 year member of the Kings Harvest 4-H, she has participated in a variety of projects, served as an officer and attained the rank of All Star on 2014.

Throughout her 4 years of high school, Pearson was very active in Hanford FFA. She received many awards with her Dairy Project in the local, county and state levels. Other school activities included Girls Varsity Golf Team, CSF and ASB Junior and Senior Class President.

Outside of school Macey is very active in both the South San Joaquin and California Jr. Holstein Association as a member and officer of both clubs. She was also a member and captain of the 2014 National Champion Jr. Dairy Bowl team. Currently she is reigning Kings County District 7 Dairy Princess.

This scholarship was established by the Toledo Family in memory of their son, Brock who died in February 1996. It is awarded annually to a graduating senior who shares Brock’s enthusiasm for 4-H, agriculture and love of the livestock industry.

Want a Summer Camp Experience?

Tulare County 4-H has again graciously invited Kings County 4-Hers to join in their 4-H Summer Camp-

June 26 to July 1st
Lake Sequoia YMCA Camp
Cost: $260/camper
Kindly register by: Friday, May 13th

The camp is run by 4-H volunteer leaders assisted by the junior camp counselors which are senior 4-H members. Activities include archery, fishing, waterfront activities, crafts, hiking and sports activities.

Making new friends, learning songs that are sung around the campfire, enjoying the mountain air and being open to new experiences are all part of 4-H Summer Camp. Consider attending. For registration information visit: [http://ucanr.edu/sites/4-H_Tulare/files/237797.pdf](http://ucanr.edu/sites/4-H_Tulare/files/237797.pdf)
CONGRATULATIONS TO ALL 4-H FAIR EXHIBITORS
The following members earned special awards at the 4-H Fair.

<table>
<thead>
<tr>
<th>OUTSTANDING EXHIBITORS</th>
<th>INDOOR EXHIBITS</th>
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</thead>
<tbody>
<tr>
<td>General Projects</td>
<td>Trista Fry - Oakvale 4-H</td>
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<td></td>
<td>Jon Oppedyk - Corcoran 4-H</td>
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<td></td>
<td>Kent Sheldon - Kings River 4-H</td>
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<tr>
<td>Photography</td>
<td>Kennedy Baker - Island 4-H</td>
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<td></td>
<td>Austin Pugh - Lemoore 4-H</td>
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<td></td>
<td>Denise Brewster - Island 4-H</td>
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<td></td>
<td>Laura Denham - Grangeville 4-H</td>
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<td></td>
<td>Laney Dorrough - Oakvale 4-H</td>
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<tr>
<td>Clothing &amp; Textiles</td>
<td>Laura Denham - Grangeville 4-H</td>
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<td></td>
<td>Lilly Barcellos - Mid Valley 4-H</td>
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<td></td>
<td>Raine Palomino - Kings Harvest 4-H</td>
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<td></td>
<td>Angelina Raulino - Island 4-H</td>
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<tr>
<td>Mary Oliveira Bezerra Award</td>
<td>1st year Clothing Member</td>
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<td></td>
<td>Angelina Raulino - Island 4-H</td>
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<tr>
<td>Home Arts &amp; Crafts</td>
<td>Laney Dorrough - Oakvale 4-H</td>
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<td></td>
<td>Aaron Dorrough - Oakvale 4-H</td>
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<td></td>
<td>Brandi Garcia - Kings River 4-H</td>
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<td></td>
<td>Dylan Magnia - Kings River 4-H</td>
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<td></td>
<td>Taytum Neves - Oakvale 4-H</td>
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<tr>
<td>Foods &amp; Nutrition</td>
<td>Joey Henderson - Kings River 4-H</td>
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<tr>
<td></td>
<td>Mary Rosa - Kings Harvest 4-H</td>
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<td></td>
<td>Ashley Olson - Oakvale 4-H</td>
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<tr>
<td>Scrapbooking</td>
<td>Kayla McCalvy - Grangeville 4-H</td>
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<tr>
<td>Beginning 4-H</td>
<td>Aaron Dorrough - Oakvale 4-H</td>
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<tr>
<td></td>
<td>Gianna Warmerdam - Kings River 4-H</td>
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<tr>
<td>Cake Decorating</td>
<td>Anabella Champi - Kings Harvest 4-H</td>
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<tr>
<td>Quilting</td>
<td>Raine Palomino - Kings Harvest 4-H</td>
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<tr>
<td>Place Setting</td>
<td>Isabella Cawley - Grangeville 4-H</td>
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<tr>
<th>OUTSTANDING EXHIBITORS</th>
<th>LIVESTOCK</th>
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<tr>
<td></td>
<td>BEEF</td>
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<tr>
<td>Best Exhibit</td>
<td>Jared Thompson - Lemoore 4-H</td>
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<tr>
<td>Int. Showmanship</td>
<td>Jared Thompson - Lemoore 4-H</td>
</tr>
<tr>
<td>Sr. Showmanship</td>
<td>Theodore Leon - Delta View 4-H</td>
</tr>
<tr>
<td>Grand Champion Market Steer</td>
<td>Jared Thompson - Lemoore 4-H</td>
</tr>
<tr>
<td>Reserve Grand Champion Market Steer</td>
<td>Theodore Leon – Delta View 4-H</td>
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<tr>
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<td>BEEF MARKET CALVES</td>
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<tr>
<td>Best Exhibit</td>
<td>Grace Herman - Grangeville 4-H</td>
</tr>
<tr>
<td>Int. Showmanship</td>
<td>Grace Herman - Grangeville 4-H</td>
</tr>
<tr>
<td>Grand Champion Market Steer</td>
<td>Grace Herman - Grangeville 4-H</td>
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<td></td>
<td>SHEEP</td>
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<tr>
<td>Best Exhibit</td>
<td>Steven Loogman - Kings River 4-H</td>
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<tr>
<td>Jr. Showmanship</td>
<td>Brandon Rossi - Island 4-H</td>
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<tr>
<td>Int. Showmanship</td>
<td>Taytum Neves - Oakvale 4-H</td>
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<tr>
<td>Sr. Showmanship</td>
<td>Hannah Ellberg - Delta View 4-H</td>
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<tr>
<td>Grand Champion</td>
<td>Kyndall Schakel - Corcoran 4-H</td>
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<tr>
<td>Reserve Champion</td>
<td>Taytum Neves - Oakvale 4-H</td>
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<tr>
<td>Champion Breeding</td>
<td>Steven Loogman – Kings River 4-H</td>
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<tr>
<td></td>
<td>PYGMY GOAT</td>
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<tr>
<td>Best Exhibit</td>
<td>Katelin Cortez - Corcoran 4-H</td>
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<tr>
<td>Int. Showmanship</td>
<td>Haley Nolta - Corcoran 4-H</td>
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<tr>
<td>Sr. Showmanship</td>
<td>Hadley Garcia - Lemoore 4-H</td>
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<tr>
<td>Grand Champion Pygmy Goat</td>
<td>Katelin Cortez - Corcoran 4-H</td>
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<tr>
<td>Reserve Grand Champion Pygmy Goat</td>
<td>Hadley Garcia - Lemoore 4-H</td>
</tr>
</tbody>
</table>

| DAIRY GOATS |
| Best Exhibit      | Tessa Nunes - Island 4-H |
| Jr. Showmanship   | Trista Fry - Oakvale 4-H |
| Int. Showmanship  | Steven Loogman - Kings River 4-H |
| Sr. Showmanship   | Tara Fry - Oakvale 4-H |
| Grand Champion Dairy Goat | Steven Loogman – Kings River 4-H |
| Reserve Grand Champion Dairy Goat | Tessa Nunes – Island 4-H |
| Junior Champion   | Steven Loogman - Kings River 4-H |
| Junior Reserve Champion | Trista Fry - Oakvale 4-H |
| Senior Champion   | Tessa Nunes – Island 4-H |

| MEAT GOATS |
| Best Exhibit      | Brody Vickers – Grangeville 4-H |
| Jr. Showmanship   | Regan Valov – Kings River 4-H |
| Int. Showmanship  | Kaitlyn Sherwood – Corcoran 4-H |
| Sr. Showmanship   | Brandi Garcia - Kings River 4-H |
| Grand Champion Meat Goat | Brody Vickers - Grangeville 4-H |
| Reserve Grand Champion Meat Goat | Brody Vickers - Grangeville 4-H |

| SWINE |
| Best Exhibit      | Asher Cummings - Island 4-H |
| Jr. Showmanship   | Asher Cummings - Island 4-H |
| Int. Showmanship  | Paige Clarke - Island 4-H |
| Sr. Showmanship   | Kennedy Baker - Island 4-H |
| Grand Champion    | Austin Pugh - Lemoore 4-H |
| Reserve Grand Champion | Avery Estes - Grangeville 4-H |
| Champion Breeding | Paige Clarke - Island 4-H |
Sabrina Mattingly
Reserve Best of Show
Austin Pugh
Best of Show
Shelby Currie
Int. Showmanship
Anna Dooley
Jr. Showmanship
AOB
Holstein
Yearling Heifer Champion
AOB
Holstein
Replacement Heifer Champion
Bailey Mello
Jr. Dairy Reserve
Jon Oppedyk - Corcoran 4-H
Sr. Dairy Champion
Kassidy Sheldon – Kings River 4-H
Jr. Dairy Champion
Kassidy Sheldon – Kings River 4-H
Jr. Dairy Reserve
Jon Oppedyk - Corcoran 4-H
Sr. Dairy Champion
Bailey Mello - Grangeville 4-H
Replacement Heifer Champion-
Holstein—Sage Sozinho-Kings River 4-H
AOB—Emma Martella - Kings River 4-H
Yearling Heifer Champion-
Holstein-Hannah Dutra-Kings Harvest 4-H
AOB – Skylynn Sozinho – Kings River 4-H

POULTRY
Jr. Showmanship
Anna Dooley – Kings Harvest 4-H
Int. Showmanship
Sabrina Mattingly - Lemoore 4-H
Sr. Showmanship
Shelby Currie - Lemoore 4-H
Best of Show
Austin Pugh - Lemoore 4-H
Reserve Best of Show
Sabrina Mattingly – Lemoore 4-H

DOG
Jr. Showmanship
Johnathan Thomas - Grangeville 4-H
Int. Showmanship
Reilly Nava - Island 4-H
Sr. Showmanship
Mariya Melnyk - Island 4-H
Jr. Obedience
Johnathan Thomas - Grangeville 4-H
Int. Obedience
Sabrina Mattingly - Lemoore 4-H
Sr. Obedience
Mariya Melnyk - Island 4-H
Agility – Large Dog
Sabrina Mattingly - Lemoore 4-H
Agility – Medium Dog
Reilly Nava - Island 4-H
Agility – Small Dog
Daymian Mattingly - Lemoore 4-H
Off Lead Obedience
Johnathan Thomas - Grangeville 4-H
Off Lead Agility
Sabrina Mattingly – Lemoore 4-H

RABBITS
Jr. Showmanship
Courtney Rhoades – Mid Valley 4-H
Int. Showmanship
Haley Nolta - Corcoran 4-H
Sr. Showmanship
Garrett Bell – Kings Harvest 4-H
Best in Show
Trista Fry - Oakvale 4-H
Reserve Best in Show
Preslee Schakel - Corcoran 4-H

THANK YOU!!!
To all the facilities and department chairs, clerks, leaders and parents who help make the fair successful.

INDOOR EXHIBITS: 551
LIVESTOCK EXHIBITS: 194

4-H Fair Shows Growth

Participation in the 4-H Fair was up this year! That is really terrific news! The General Department of the Indoor Exhibit Building has more than doubled since 2011 due to the increase participation in the Photography project. The Home Economics related projects were also up, the most entries since 2010. The total number of livestock and dairy entries also increased A great BIG thanks to the crew that helped to make the fair happen and to all those project leaders that work so diligently to encourage members to master new skills and to complete projects to enter in the fair. It was a job well done!!!!
Kings County 4-H Sponsors Fund
2015-2016 Contributors

ALL STAR SPONSORS

- Boyett Farms
- Doug & Julie Freitas
- Farm Credit West
- Gar Tootelian, Inc.
- Golden State Farm Credit
- Hacienda Angus
- J. G. Avila Farms
- J. G. Boswell, Inc.
- J M Lord, Inc.
- Jim & Peggy Gregory
- Sandridge Partners
- Stan Champlin Farms
- Tos Farm, Inc.
- Zonneveld Dairies & Farming, Inc.

EMERALD STAR SPONSORS

- A & M Livestock Auction
- Bacone Insurance Agency
- Bob & Debbie Headrick
- Buford Oil Company, Inc.
- California Dairies, Inc.
- Carl Nelson Insurance Agency, Inc.
- Clarence & Lena Santos
- D & E Dairy
- DeGroot Dairy
- Dennis & Kathy Sargent
- Dooley Ranch
- Draxler Land Company
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- Floyd & Sheri Kanagawa
- Fred & Don Giacomazzi Farms
- Gary V Burrows, Inc.
- Gerald & Nancy Fry
- Giannola Inc.
- Jensen Aircraft Service, Inc.
- Joe Neves, K.C. Supervisor #1
- John & Georgene Diener
- John & Glenda Camara, Jr.
- Judge & Mrs. John O'Rourke
- Keller Auto Center
- Keenan Farms Inc.
- Kingsburg Insurance Agency
- Kings County DHIA
- Kings County Farm Bureau
- Kings Dairy Supply, Inc.
- Michael Mayer, O.D.
- Myers Well Drilling
- Myron Dutra
- Netto Ag., Inc.
- Pacific Ag Insurance Agency
- Penny Newman Grain Co.
- Raven Ranches LLC
- Robinson's Interiors
- Safarjian Farms
- Stone Land Co.
- Sullivan Farming, LLC
- Tony P. Cardoza, Inc.
- Tri T Farms
- Valley Oxygen
- Willow Grove Farms
- Wisecarver Farms
- Workingman's Store
- World Wide Sires, Inc.

CLOVER SPONSORS

- Albert & Janette Duyst
- Avila Dairy Equipment, Inc.
- Dias Law Firm, Inc.
- Dr. & Mrs. Robert Junell
- Elsie Oliveira
- Fred & Camille Wing
- Grabow Farms
- J. D. Mello Dairy
- John & Paula Lehn
- M. F. Rosa Dairy
- Paulo Holsteins
- Royal Car Care
- Silva’s Welding

SPONSORSHIP LEVELS

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<th>Level</th>
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<tr>
<td>All Star Sponsor</td>
<td>$500—$1,000</td>
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<tr>
<td>Emerald Star Sponsor</td>
<td>$100-$499</td>
</tr>
<tr>
<td>Clover Sponsor</td>
<td>$25-$99</td>
</tr>
</tbody>
</table>

4H is AMAZING!
**Emerald Star Project**

“Can You Make a Difference?”

Congratulations to Raine Palomino & Tyler Dunn on the successful completion of their Emerald Star Project “Can You Make a Difference?” With the help of the 4-H community, Raine & Tyler collected over 600 pounds of pet food, 130 pounds of cat litter, 65 pounds of dog treats along with various dog & cat supplies for the Valley Animal Haven.

They organized a clean up day at the Valley Animal Haven and asked 4-H members to help at the shelter. Raine put her sewing skills to work making dog beds.

**Science Education Project**

4-H Leader, Melanie Curtis is starting a new 4-H project centered on Science, Engineering & Technology curriculum. Plan to join the fun! (For more info. see insert)

Meetings are scheduled for:

- Thursday, May 26
- Thursday, June 16
- Thursday, June 30

6 pm—8 pm
UCCE Office Multi Purpose Room

For more information contact Melanie Curtis at 250-3839 or melaniea.curtis@gmail.com

**Shooting Sports Workshops**

**Rifle Discipline**

- **Saturday, May 14, 2016, 8:00 am - 4:00 pm**
  - San Luis Obispo Sportsmen Association's Houge Range
- **Sunday, May 15, 2016, 8:00 am - 4:00 pm**
  - 3272 Gilardi Road, San Luis Obispo, CA 93405

**CERTIFICATION:** Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. Teen leaders are invited but must attend with an adult.

**OTHER:** Participants are encouraged to bring their own eye and ear protection if desired, but it is not necessary. Please bring your completed medical release form with you on the first morning of class.

**ONLINE REGISTRATION:** [http://ucanr.edu/survey/survey.cfm?surveynumber=17502](http://ucanr.edu/survey/survey.cfm?surveynumber=17502)

* Only 14 spots are available for the training. For questions about the course, contact Jack Crane at (805) 458-4223 or Jack@accuair.com

**Saturday, June 25, 2016 – 8:00 a.m. - 6:00 pm**
- Dale Wimp Rifle Range

**Sunday, June 26, 2016 – 8:00 a.m. - 4:00 pm**
- 7398 Avenue 328, Visalia, CA

For information about the facility and a map, please visit the range website at: [http://www.vsma.us/vsma/locations](http://www.vsma.us/vsma/locations)

**Certification:** Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders.

**Cost:** There is no cost for the course. Complimentary lunches will be provided. To register for the course or receive more information, contact John Borba at jaborba@ucanr.edu
June 30th marks the end of the current 4-H year. The end of the year is celebrated with the Kings Fair and completion of 4-H Record Books (RB). The RB records all of the activities, events and awards that have been experienced throughout the current year.

The 4-H Record Book seems to be met with some trepidation. Perhaps it is the fear of the unknown, or the reluctance to learn about the new changes in Record Books. The Incentives and Recognition Committee has been meeting regularly and one topic of discussion has been Record Books and how to make them less feared. A workshop has been scheduled for:

**Record Book Workshop**
Tuesday, June 21st
UCCE Office– Multi-purpose Room
4:00 pm to 7:00 pm
(Come when you can and stay as long as you need to)

Plan to bring your Record Book, your calendar, pictures etc. Simply put all your record book stuff in a box and bring it along. Hopefully you will have had a little time to work on your book so you can bring your list of questions with you. Leaders will be on hand to assist with answering questions. This will be an actual work session, so plan to stay as long as you like. If you are using ORB or like to download the Record Book forms and fill them out on a computer, bring your laptop along.

**Club Level:** Your Community Club Leader will let you know when Record Books are due at the club level. Record Books submitted at the club level will be reviewed for achievement of star ranks. To receive your year pin and stripe for your 4-H hat, a completed Annual Project Report needs to be submitted to your CCL.

**County Level:** Record Books submitted for County Level Judging may be judged for:

- **Record Book Medals** (the entire Record book is evaluated)
  (To compile RB follow the CA 4-H Record Book Manual at: [http://4h.ucanr.edu/files/218972.pdf](http://4h.ucanr.edu/files/218972.pdf))
- **Project Medals**
  (Submit completed APR in the project area you wish to compete)
- **Outstanding Record Books** in the areas of Sheep, Dairy and Photography projects will be evaluated for the Brazil, Toledo and Perreira Outstanding Project Awards.

**Record Books judged on the County Level are due:**
Tuesday, August 2nd– UCCE Office

**Leaders:** Your help is needed in judging Record Books!

1. **Record Book Medal Judging:** You may become qualified to judge the complete Record Book for RB medals by watching the Evaluators Orientation Video and taking the quiz. You may do this at home, no need to attend a meeting. [Record Book Judging Course](#)

2. **Project Medal Judging:** You may become qualified to judge the Annual Report Form for Project medals by viewing a power point (will be posted soon on the Kings Co. 4-H website) and taking a brief quiz. This is a very easy way to help with RB judging, and anyone can easily complete this portion.

**County Record Book Judging**
The evenings of August 3-4th
Facility Use and Other Contracts and Grants

Please do not sign contracts or agreements...

Please do not sign any contract, facility use form, or other agreements on behalf of your 4-H Club or the 4-H Program. Most of these documents contain liability statements which can make you personally liable if there is any accident or injury. Even parade entries can contain liability statements and hold harmless clauses. These documents should be sent to the UCCE Office, where they will be processed and signed on behalf of your club. In order for the University to honor the agreement, it must be approved by the UCCE Office and signed by the County Director, Kevin Day. Protect yourself and the 4-H Program by making sure these arrangements are completely and the paperwork is correctly signed.

If your club has identified a grant which they would like to apply for, please do not proceed with the application process until you have notified the UCCE Office. There is a specific process which needs to be followed when applying for grants.

State 4-H Field Day
May 28, 2016 8 am-6 pm
UC Davis Campus—West Quad

The event is open to all 4-H members, volunteers, staff and parents. Between 1,000 and 1,400 people attend the event. The event has a “picnic” feel as people bring chairs and socialize for the day on the Quad. More information is available on the state website at: http://4h.ucanr.edu/4-H Events/SFD/

Those members who received a gold medal at the local/sectional Presentation Day and Fashion Revue qualify to enter the State competition. There are other contests that you can participate in as well such as:

- Plant Science Contest-no pre-registration is required.
- 4-H Film Festival-videos must be submitted by May 8th.
- Photography Contest-pre-register and submit your work by May 8th.
- Logo Contest-Design a logo for the 2017 State Field Day
- Entomology Contest-no pre-registration is required.
- Judging Contest-no pre-registration is required.
- Interview Contest-pre-registration encouraged but not required.
- Discussion Meet-pre-registration required.

Check the state website for more information on these contests.

State Animal Science Symposium
May 23-25, 2016
UC Davis

The Animal Science Symposium will take place at the UC Davis, School of Veterinary Medicine. The symposium is a train-the-trainer professional development approach for 4-H staff, key 4-H volunteers, and FFA supervisors/teachers on important topics and skills related to animal welfare and animal health. The event will provide foundational training on the new Animal Welfare Proficiencies. The symposium is not open to 4-H youth members, but a career fair will take place during the evening of May 23rd. 4-H youth are invited to attend to learn about potential careers in the animal science and agricultural industries. Registration for this event will open in February, 2016.

For more information visit: http://4h.ucanr.edu/4-H Events/Symposium/.

Please call the UCCE Office at 852-2731 if you are interested in attending.
State Leadership Conference (SLC)
July 28th - 31st, 2016 at Humboldt State University
For High School Youth (Ages 13-19)
Register Now!

“Leadership is U”

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff. The conference is planned by a team of high school 4-H members and adult volunteers. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

University of Big Foot: $549
Thursday, July 28 - Sunday, July 31
Thursday: arrival begins with an orientation, dinner and movie night. Friday: The Friday educational content is all tours. University of Big Foot tours must be selected and fees paid at the time of registration. See the Tour Description PDF. Register for one or more University of Big Foot Tours (some at an additional fee). Tours return for the fun lawn games and activities the Recreation Committee has planned! The opening assembly on Friday evening kicks off the SLC schedule and educational events.

College of the Lost Coast: $449
Friday, July 29 - Sunday, July 31
Friday arrival begins with fun and games provided by the Recreation Committee. The first meal served is dinner. The opening assembly on Friday evening kicks off the SLC schedule and educational events.

Register by May 31, 2016.

Late Registration (June 1 - June 30) - Add $50 to base fees
No registrations accepted after June 30.

State 4-H office offers financial assistance to those eligible to attend SLC. Applications are due by May 31, 2016.

Financial Assistance Application

Transportation Options

Parking: If you drive, a parking permit ($12) should be purchased with your registration and will be given to you at check-in. A parking permit is required throughout the conference.

Busing: Go green and register for a spot on one of the buses by June 17. Bus fees need to be added to the total conference fees at the bottom of registration. All buses arrive on Thursday and return on Sunday.

Questions? Contact Jenna Colburn at jcolburn@ucanr.edu or (530) 750-1336. Mark your calendar for this great conference. Registration information can be found here: http://4h.ucanr.edu/4-H_Events/SLC/

Kings County Scholarships/Financial Assistance
On the county level, Kings County 4-H annually offers 4 scholarships to attend SLC that covers 1/3 of the conference costs. Applicants must meet age eligibility to attend SLC, completed 2 years in 4-H at the time of the conference and completed a 4-H Record Book from the previous year. This scholarship is available once per member. Applications are available at http://cekings.ucanr.edu/files/207028.pdf. Apply early, to ensure you receive a scholarship as they are awarded based on fulfillment of criteria on a first come basis.
4-H Club News

Corcoran 4-H

As some Corcoran 4-H members have family in the military, they wanted to celebrate Kings County 4-H April 15th, Purple Up! For Military Kids. Katelin Cortez’s uncle, John Tamez, is in the Army, serving 25 years with over 5 deployments, to Germany, Turkey, Iraq, and Afghanistan. They are currently stationed in Texas. Gracie and Bella Tamez are his two daughters. Haley Nolta has two brothers in the military. Vance Nolta in the Marines, currently deployed to Japan and Justin Paim is in the Navy and is stationed in North Carolina. Ivory Cornwell is the daughter of a member in Justin’s unit.
Submitted by: Katelin Cortez, Historian

Island 4-H

Meeting started at 7:07. Then we sang April birthdays. Then we discussed old business. After old business we discussed new business. Then who ever wanted to do a push up challenge you have to get as much pushups as you can in five minutes. Then the officers talked about what we did. There was also no activity in this meeting. The meeting ended at 8:17.

Jordon Coelho, Reporter

Mid Valley 4-H

The Mid Valley 4-H meeting was held on April 11, we had our meeting at the Kit Carson School in the Computer Lab. Lilly did a presentation on “Peep Kabobs.” Then we all got to try the peep kabobs. Afterwards we discussed the 4-H Fair and the upcoming Kings Fair with the requirements to enter. Cobi then showed us how to get on the 4-H website and we worked on our 4-H books. It was a very productive meeting.

Lillian Barcellos, Reporter

University of California Cooperative Extension Kings County 4-H Contacts

Georgene Diener  UCCE 4-H Program Representative (50% time)  852-2743  gldiener@ucanr.edu
Teresa Evangelo  4-H Support Staff (full time)  852-2731  tlevangelo@ucanr.edu

(Office day is Tuesday, other office days vary according to 4-H meetings and activities scheduled during the week.)

OFFICE HOURS: 8am-12 noon and 1pm-5pm  Monday—Friday

Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.
New Countywide Project!

Science Education

We're experimenting with a new project! We will complete three meetings of two hours each during this 4-H year. Members may attend all three for a completed project, or individual meetings as Science Field Days. If there is enough interest in the project this year, there will be meetings throughout the 2016-2017 4-H Year on a bi-monthly basis.

Who can participate?
This project is open to all regular 4-H members, but the project will be geared around learning activities that can be shared with others; therefore, we particularly encourage members who are Junior Leader age and older to consider joining the project and to share the activities with others.

Meeting Dates for the Current 4-H Year

Thursday, May 26th — “Playdough and Polymers” - Learn how to make no-cook playdough and other fun kitchen/household concoctions such as: Ooblek, Flubber, silly putty and super balls! Learn a little about polymers and “non-Newtonian” fluids and what makes them act so weird!

Thursday, June 16 - “Robotics” - Learn how to make simple robots from inexpensive household items. Make “art bots” and experiment with designs of your own.

Thursday June 30- “Rockets” - Learn to build your own stomp rocket launcher with PVC pipe and a soda bottle. Make and launch your own rockets.

All meetings for the current 4-H year will be held at the UCCE 4-H Office from 6:00 p.m. to 8:00 p.m. For more information, contact Melanie Curtis at 250-3839 or melaniea.curtis@gmail.com. RSVPs are greatly appreciated to properly anticipate supply needs.
KINGS FAIRGROUNDS CLEAN UP DAY!
SATURDAY, MAY 28TH

Help spruce up our fairgrounds and earn community service hours too! Lunch will be provided for all volunteers!

Bring your shovels, work gloves, closed toed shoes, sunscreen and a positive work ethic! Projects will include painting and outdoor yard work.

WHEN: Saturday, May 28th
8:00 a.m. – 1:00 p.m.

WHERE: Kings Fairgrounds
801 10th Ave., Hanford

❖ For more info call Angie
❖ @ 584-3318
Kings County 4-H  
“4-H for Hope”  

Relay for Life  

Saturday, October 8, 2016  
Hanford High School  

To join our team go to: [http://main.acsevents.org/goto/Kings4-H](http://main.acsevents.org/goto/Kings4-H)  

For more information, contact Team Captain, Michelle White at 381-2975 or email: mwhite2465@sbcglobal.net

Upcoming fundraising events:  
- **Saturday, April 23rd**—1st Paint the Town Purple event: 8:00 a.m. to noon. Our team will meet at 10th and Grangeville to collect donations. Wear all the PURPLE you can!!!!  
- **Saturday, October 1st**—2nd Paint the Town Purple event: 8:00 a.m. to noon. Our team will meet at 10th and Grangeville to collect donations. Wear all the PURPLE you can!!!!

Paint the Town Purple is the event where we raise the majority of our donations, your help is greatly needed. Please call or email Michelle White if you can attend either of these fundraising events. (559) 381-2975 or mwhite2465@sbcglobal.net.

4-H Clubs/Members can help in the following ways:  
- Members and adults sign-up as team members, collect donations for the team, attend committee meetings, and come out to walk the day of the event.  
- Clubs can sponsor 1 or more members of your club as team members (team members are asked to raise $100 for the team).  
- Purchase and/or sell luminaries.  
- Donate items such as water, Gatorade, juice, snacks, etc. to sell the day of the event.  
- Adult Leaders are needed to help supervise youth team members during the event.
HEALTHY THINGS EVERY MOTHER SHOULD DO

We encourage moms to make their health a priority and take simple steps to live a safer and healthier life. While being a mother means caring for others, here are a few things moms can do to take care of themselves. Moms of every age can take steps to live a safer and healthier life.

1. Eat healthy: You may have told your family, “Eat your fruits and vegetables”. It’s good advice for moms too!
   - Healthy diets rich in fruits and vegetables may reduce the risk of cancer and other chronic diseases.
   - Fruits and vegetables also provide essential vitamins and minerals, fiber, and other substances that are important for good health. Most fruits and vegetables are filling and naturally low in fat and calories.

2. Move more: Add physical activity to your life; its one of the most important things you can do for your health. Walk, run, dance, bike, swim, garden or do anything that will help you get the recommended min 2-1/2 hours of moderate activity each week. There are many benefits to physical activity. It can help:
   - Control your weight and increase your chances of living longer.
   - Reduce your risk of cardiovascular disease, type 2 diabetes and metabolic syndrome.
   - Strengthen your bones and muscles. Improve your mental health and mood.
   - Improve your ability to do daily activities and prevent falls.

3. Sleep well. Insufficient sleep is associated with a number of chronic diseases and conditions such as diabetes, cardiovascular disease, obesity and depression. How you feel and perform during the day is related to how much sleep you got the night before.

What better gift to show your mom your love and appreciation than to cook something delicious for Mother’s Day. Try this spring salad.

Strawberry, Melon & Avocado Salad

Ingredients

- 1/4 cup honey
- 2 tablespoons finely chopped fresh mint
- Pinch of salt
- 1 small avocado, peeled, pitted & cut into 16 slices
- 1-1/2 cups hulled strawberries, sliced
- 2 tablespoons sherry vinegar, or red-wine vinegar
- 1/4 teaspoon freshly ground pepper
- 4 cups baby spinach
- 16 thin slices cantaloupe (1/2 cantaloupe)
- 2 teaspoons sesame seeds, toasted

Preparation

1. Whisk honey, vinegar, mint, pepper and salt in a small bowl.
2. Divide spinach among 4 salad plates. Arrange alternating slices of avocado and cantaloupe in a fan on top of the spinach. Top each salad with strawberries, drizzle with dressing and sprinkle with sesame seeds.