Happy New Year!

2017 has arrived! The New Year indicates a fresh start, a chance to set some goals or make resolutions or to dream a bit. Mr. Walt Disney had a very specific recipe for making dreams come true. His recipe was the four C's: Curiosity, Confidence, Courage and Constancy. He said that the greatest of these is Confidence. Without confidence, you won’t get past the challenges and critics that stand before you. We can learn a lot from Walt Disney’s timeless words of wisdom. This wisdom can also be applied to the 4-H Youth Development Program and the many members you work with as a parent and/or volunteer. Instilling confidence in our youth is a gift they will treasure for a life time. Which quotes from Walt Disney speak to you?

(Continued on page 6)
Council News
The next council meeting will be:
**Tuesday, January 3rd**
7:00 pm
**UCCE Office Multi-purpose Room**

Host Club: Kings River

Topics for discussion at the January meeting will include: Presentation Day, Food Olympics, 4-H Fair, results of Council BBQ & Judging Day etc.

Please plan to attend! Your opinions and contributions are important! Every club needs to be represented! 4-H Members are welcome also!

Incentives & Recognition Committee Meeting
**Tuesday, January 3rd**
5:30 PM
**UCCE Office– Ste. G**

The I & R Committee will meet prior to Council to discuss the Emerald Star program and the County Record Book Workshop scheduled for February 4th. All clubs need to be represented.

Fashion Revue Planning Time
It is time to begin planning the Kings County 4-H Fashion Revue. Your ideas and input are very important. Please bring your suggestions to the Planning Meeting scheduled for:

**Tuesday, January 3, 2017**
6:00 PM
**UCCE Office– Library**

Kings County 4-H Fashion Revue
Saturday, April 1, 2017

Color Me Green 5K Run
The *Color Me Green* Run will have a new look this year. The event is returning to the month of March and will be held at Hickey Park on Sunday, March 19th. Cobi Revious has graciously consented to chair the event but she can’t do it alone. She is in need of a committee of helpers—both 4-H members and adults. She is calling a planning meeting to take place on—

**Thursday, January 5th**
6:00 pm
**UCCE Office**

The *Color Me Green* Run is a fun way to get the 4-H name out to people that may not be familiar with our organization. It is also a great way to promote healthy living.

Your ideas and help are critical in making this event a success! Plan to attend!

Did You Know?
The new CA 4-H State Management Board will meet in Davis on the following dates in 2017-

- Saturday, February 18th
- Sunday, April 30th
- Saturday, June 10th
- Saturday, August 19th

You may attend in person, or call in. Mark these dates on your calendar and check for details closer to the meeting dates. If you have topics you want to see discussed, please email the CA 4-H State Management Board Secretary, Sue Garcia at susan.m.garcia@comcast.net.

Help Keep Our Community Fair Alive!
Plan to enjoy the Annual Portuguese Sopas Drive Thru fundraiser to help support the Kings Fair. Tickets are $40/pan, which feeds 6 to 8. Tickets may be purchased at the Fair office or by calling Angie at 816-6909 or Loretta at 816-2860.

Date: Friday, January 20, 2017 from 3 PM to 6 PM  Location: Hanford Fraternal Hall Pavilion
Food Olympics

Saturday, February 25, 2017
Hanford West High School Cafeteria

Here’s What’s Happening!
The Food Olympics will be held in conjunction with County Presentation Day and will include the following contests:

* Favorite Foods (including Healthy Living)
* Place Setting Contest
* Cupcake Decorating Contest
* Food Photography Contest

Categories– Healthy Living
Favorite Food
Farm to Fork (Sequence)

Don’t wait until the last minute! Now is the time to get that camera out and take some foodie pictures of your favorite food or create a sequence for the Farm to Fork category. Try your hand at decorating some cupcakes with ideas you found on Pinterest or try out some new recipes to see if they are tasty enough to win the Favorite Food competition. And of course, you can always develop a Place Setting entry using a fun theme. There are plenty of ways to participate!

For detailed information, please click here: http://cekings.ucanr.edu/Kings_County_4-H_Program/4-H_Events/Favorite_Foods_Fair-February/ Entries are due to the UCCE Office by February 10th.

Kings County Presentation Day

February 25, 2017
Hanford West High School

4-H encourages every member to develop and polish their public speaking skills by participating in County Presentation Day. There are many ways to participate in Presentation Day. Participants may give a traditional demonstration or illustrated talk where they show “how-to-do” something using visual aids or posters to a prepared speech or interpretive reading or an impromptu speech etc. The ways to participate are explained in the California 4-H Presentation Day Manual. Be sure to read the manual as some of the information has changed. Please note, a Demonstration requires a minimum of 4 Posters/Slides and an Illustrated Talk requires a minimum of 3. And yes, you need to know the difference between an Illustrated Talk and a Demonstration because they have different Evaluation forms.

Take time to read about the various ways to participate in Presentation Day, and then research your topic. Find an interpretive reading you enjoy or a favorite recipe you can use to develop into a presentation. Prepare your script, make your posters, or gather your props, if your category requires such items. Spend time practicing your presentation. The old adage that “practice makes perfect” is especially true for presentations. Then, enter Presentation Day!

The Updated Presentation Manual is available by clicking: http://cekings.ucanr.edu/Kings_County_4-H_Program/4-H_Events/Presentations/

To enter County Presentation Day, you may enter online at http://ucanr.edu/survey/survey.cfm?surveynumber=19561 or access the paper entry form at http://cekings.ucanr.edu/files/253934.pdf. Entries are due to the UCCE Office February 10th.

Photography Workshop

February 25, 2017
10:30 AM to 11:35 AM
Hanford West High School

Lily Gutierrez and Jillian Willhite are hosting a Photography Workshop as their Emerald Star Project. The workshop will be held during Presentation Day and the Food Olympics. You will have the opportunity to attend the entire workshop or a rotation or two depending on what other activities you are involved in that day. This is a great opportunity to learn about what judges look for when evaluating your photography fair entry as well as how to properly mount pictures and other important topics.

For further information, see insert at the back of this issue of the Youth Talk.

Emerald Star Project Completed

Congratulations to Hadley Garcia, Island 4-H on completing her Emerald Star Project—Cozy Pads for Pets.

Hadley, with the help of 4-H members, made 57 fleece blankets for the dogs and cats at Valley Animal Haven. She learned leadership skills and patience working with members teaching them how to tie the blankets. The highlight of Hadley’s project was visiting the shelter and seeing the animals using the blankets.
**E.M. Tharp & World Ag Expo**

"We Believe in Growing Scholarship"

**DEADLINE: FRIDAY, JANUARY 20, 2017 - 5:00 P.M.**

World Ag Expo and E.M. Tharp, Inc. have teamed up once again to provide the "We Believe in Growing" scholarship, created to support agricultural education. High school seniors from Madera, Fresno, Tulare, Kings and Kern counties are encouraged to apply by January 20, 2017 to be considered. Two $10,000 scholarships will be awarded to students who attend a four-year university to major in an agricultural field. The scholarships will be disbursed over four years at $2,500 per year.

**Send Applications to:**
International Agri-Center, Inc.
Attn: We Believe in Growing Scholarship
4500 South Laspina Street Tulare, CA 93274

**For more information:**
https://www.worldagexpo.com/2015-emtharp-scholarship-article-532

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**Finding Hope**

**For Valley Children’s**

Hello fellow 4-H’ers! I am so excited to report that my Emerald Star project has reached a donation count of 440 items! Thank you to all who have donated! I took items up to Valley Children’s Hospital just in time for Christmas, so all items collected so far were donated on December 20th. Upon making arrangements to take my items to Valley Children’s, I learned that the hospital has changed its donation policy due to the increase in immune system diseases. They no longer take used items, with the exception of gently used movies. All further items collected will need to be new unless it is a movie. Any used items that were collected were donated to La Tienda Thrift Store which donates all profits to Valley Children’s, and to a women’s shelter in Hanford. I will continue to take donations through the month of March. Thank you so much for all of your support!

Submitted by: Paige Clarke

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**Cooking Opportunity for 4-Hers**

My name is Jennifer Sternberg and I am the Senior Casting Associate for *Kids BBQ Championship*, Food Network’s exciting culinary reality show. We are currently casting for kid cooks and would like to inform you and your awesome 4-H members about our search! We are looking for the most talented young grill masters around the country who have what it takes to compete for the chance to win a grand prize. We are in search of young cooking masterminds who can handle the heat and smoke the competition!

For more information and how to apply, please visit our website at [www.JSCasting.com](http://www.JSCasting.com). If you have any questions or require further information, please email us at [BBQKidsCasting@gmail.com](mailto:BBQKidsCasting@gmail.com)
Kings County Farm Day
March 16, 2017
Kings Fairgrounds

One of Kings County Farm Bureau’s most exciting educational programs is Farm Day, where approximately 2,300 Kings County third-graders are treated to interactive agriculture exhibits that will help them gain an increased awareness of the positive contributions agriculture makes to our local community and economy.

A partnership between the Kings County Office of Education and the Kings Fairgrounds, Farm Day helps students understand the answer to the very important question: “Where does our food come from?”

Held each March at the Kings Fairgrounds, Farm Day is a unique opportunity to teach students that food is not grown in the grocery store. They have the chance to interact with farm animals, explore farm equipment, and learn about various aspects of agriculture. Through educational presentations and hands-on interaction, the goal of Farm Day is to have everyone who attends walk away with an increased awareness of the positive contributions that agriculture makes to our local community and our economy.

4-H members are encouraged to share their agriculture knowledge at Farm Day. If you are interested in participating as a presenter, please contact the Kings County Farm Bureau at 584-3557.

New Federal Regulations to Impact Livestock Producers

As of January 1, 2017, all medically-important antibiotics for use in or on feed and in water will require a Veterinary Feed Directive (VFD) or a prescription. This new regulation will affect all livestock producers including 4-H and FFA members.

The State 4-H Office, in coordination with the UC Davis Veterinary Medicine Extension, and the California Department of Food and Agriculture will be presenting a one-hour webinar on multiple dates to further explain the new regulations and their implications.

**Webinar Dates:**
- January 11th: 10 am to 11 am
- January 17th: 10 am to 11 am
- February 6th: 10 am to 11 am
- February 28th: 10 am to 11 am

The webinars will be hosted in Zoom Conferencing. Please join one of these webinars from PC, Mac, Linux, iOS or Android at: [https://ucanr.zoom.us/j/174735292](https://ucanr.zoom.us/j/174735292)

Shooting Sports Workshop– Rifle Discipline

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield, CA on:

**Saturday, March 18, 2017 – 8:00 a.m. – 6:00 p.m**
**Sunday, March 19, 2017 – 8:00 a.m. – 4:00 p.m.**

Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course.

To register for the course or receive more information, contact John Borba at: jaborba@ucanr.edu

Equine Field Day Registration

Registration for the 2017 Equine Field Day is now open.

Regular Registration: $10 for 4-H Members and 4-H Volunteers $15 for non 4-H Members and Adults
Walk-in Registration: $15 for 4-H Members and 4-H Volunteers $20 for non 4-H Members and Adults
Regular Registration ends March 11, 2017. For more information about the event visit: [4-H Equine Field Day](#)

2017 State Avian Bowl

The 2017 State Avian Bowl Qualifier will be held on February 25, 2017 at the Greater California Society of Poultry Fanciers’ Show in Fresno, CA. For more information about this event, including study sections, resources, and entry details, please review the [December, 2016 issue of Avian Science Notes](#).
Record Book Workshop
Saturday, February 4, 2017
UCCE Office Multi purpose Room at 2:00 PM

The Incentives and Recognition Committee along with the Countywide Leadership Project group is planning a Record Book Workshop for all 4-H families. The workshop will focus on the Personal Development Form (PDR), Leadership Development Report (LDR), and the Expression pages. Plan to bring any Record Book questions you may have along with your 4-H calendar.

This is the second in a series of 3 Record Book Workshops. The first was held in October and the focus was the Online Record Book known as ORB. The third workshop will be held June 20th.

Kings County 4-H Offers Mini Grants

For the second year in a row, the Kings County 4-H has received a very generous donation from the J.G. Boswell Company. Instead of the Leaders Council deciding how the money can best be utilized, Council voted to extend an opportunity to 4-H members and leaders to apply for mini-grants. So exactly what does this mean? You determine how the money can best benefit the members of the Kings County 4-H Program. Some ideas may include, repairs to equipment owned by the club such as sewing machines, clippers etc. Members planning to undertake an Emerald Star project may apply for a mini-grant to enable a specific project to be completed. These are just a few ideas. If you are interested in applying, please fill out the survey at this link http://ucanr.edu/survey/survey.cfm?surveynumber=19734. Leaders Council will review the grants and respond accordingly.

4-H Shooting Sports Enthusiast

The California State 4-H Shooting Sports Committee will be hosting a meeting regarding updates to the program on Saturday, February 25, 2017 at the Safety First Shooting Sports Range in Winton (Merced County). This meeting will cover a variety of items that are of interest to shooting sports leaders and teen leaders. This will be the first in what they hope to be a series of meetings to take part around the state. Click here for a schedule of the day’s events and the schedule for the second (optional) day of range rotations on Sunday, February 26, 2017. There is no cost to attend but you MUST register online using the link below:
https://ucanr.edu/survey/survey.cfm?surveynumber=19605

Happy New Year!

(Continued from Page 1)

The following quotes are from Walt Disney:

1. “All our dreams can come true, if we have the courage to pursue them.”
2. “Why worry? If you’ve done the very best you can, worrying won’t make it any better.”
3. “The way to get started is to quit talking and begin doing.”
4. “It’s kind of fun to do the impossible.”
5. “The difference in winning and losing is most often...not quitting.”
6. “When you believe in a thing– believe in it all the way– implicitly and unquestionable.”
7. “Get a good idea and stay with it. Dog it, and work at it until it’s done right.”
8. “We keep moving forward, opening new doors, and doing new things, because we’re curious and curiosity keeps leading us down new paths.”
9. “Laughter is timeless, imagination has no age, dreams are forever.”
10. “Our greatest natural resource is the minds of our children.”

These Disney quotes promote such positive energy. After all, being positive takes less energy than the opposite – negativity. Let’s see how this positive energy impacts the youth in our 4-H Program in 2017! Happy New Year!
All Star Candidate Spotlight

Meet Kent Sheldon, Kings County 4-H All Star Candidate

How old were you when you joined 4-H? 9 years old. Member of Kings River 4-H.

How did you learn about 4-H? I knew about 4-H through my cousins doing it.

Why did you join 4-H? I joined 4-H to be more involved and to learn how to be better at public speaking and I also wanted to show animals.

What is your favorite thing about 4-H?: Having fun at the fair and showing my steer.

Favorite Food: Steak and mashed potatoes

Favorite Sports Team: Giants

Favorite program to watch on TV: Bull Riding PBR

Favorite Song: Forever Country

Favorite Restaurant: Cattlemen’s

Pets: 2 horses, 5 dogs, 5 cats, birds, a lamb and a pot belly pig.

Favorite Sport: Rodeo – Team Roping

CAL Focus 2017

California Focus registration and District Leader applications are now open. The 2017 California Focus will be held June 16-20, 2017 at the Holiday Inn Capitol Plaza in Sacramento. At Cal Focus youth ages 14-19 will experience California’s legislative, political, and judicial processes in action. For more information check out: http://4h.ucanr.edu/4-H_Events/CF/

Important Cal Focus Dates:

Week of December 11: California Focus registration opens

January 16th: California Focus District Leader applications due

Week of April 3rd: California Focus registration ends

June 16-20: California Focus, Sacramento

4-H State Leadership Conference

July 20-23, 2017

UC Davis

The State Leadership Conference Planning Team is hard at work planning for the 2017 conference. SLC is a leadership conference for 4-H youth ages 12-19 years old. If you are a recent 4-H alumni consider applying to be a Program Assistant. For more information on what this involves and more information on SLC in general, please visit: http://4h.ucanr.edu/4-H_Events/SLC/

Important State Leadership Conference Dates:

Week of February 7th: SLC registration opens

Week of April 3rd: SLC Early Bird Registration ends

Week of May 23rd: SLC Regular Registration ends

July 20-23: State Leadership Conference at UC Davis
4-H Club News

Corcoran 4-H

At our Corcoran 4-H meeting we had a guest speaker, Mrs. Nolan from Corcoran's Emergency Aid. Kate-lyn Cortez, our Historian, gave a report about what emergency I does, and how they can help. Mrs. VanVelson, our 4- H Leader stated that we have a family to help this Christmas. The family consists of 1 adult, four girls and one boy. Our service learning project is going to help wrap gifts. Mr. and Mrs. French gave animal project information. Three of our 4-H members gave project reports.

Submitted by: Kaitlyn Sherwood, Reporter

Island 4-H

Island 4-H Club held its December meeting on Tuesday the 13th. The club reviewed old business including the Salvation Army Bell Ringing and the Lemoore Tree Raising Ceremony. In new business, one 4-H member has completed her Emerald Star Project. Hadley Garcia, age 15, did her Emerald Star Project on making beds for animals. Congratulations to Hadley! Another project, the Sock and Underwear drive, is half way to its goal. Good job Island 4-H.

Submitted by: Brandon Rossi, Reporter

Kings Harvest 4-H

We had our monthly Kings Harvest 4-H Meeting on December 12, 2016 at 6:30 PM. We had a Christmas gift card exchange. We also had a food drive for St. Vincent DePaul. We voted to donate $100 in honor of Mrs. Loretta Toldeo’s mother to the Kings Fair. Our club is looking for someone to help with the computer work for the club.

Submitted by: Sara Champi, Reporter

Lemoore 4-H

On the December meeting the meeting was called to order at 6:35 pm. The Pledge of Allegiance and the 4-H Pledge was led by Faith and Christian. Paige Clarke came to our meeting to discuss her Emerald Star project named Finding Hope, which was asking for donations for Children’s Hospital. Both the Secretary’s report and the Treasurer’s report were read. Tyler Eller announced Birthdays for December. Healthy Living report was given by Shelby Curry. There was no council report for the month of December. Since this was our potluck meeting, we had a ten minute break for food. Old business was read at 6:58 PM. New business followed. We had a gift card game led by Shelby Curry. There was a motion to adjourn the meeting by Riley Cunning and seconded by Tyler Eller. The meeting was adjourned at 7:15 PM.

Submitted by: Riley Cunning, Reporter

Join Kings County 4-H on Facebook!

Come like our Facebook page at Kings County 4-H Youth Development Program. You will be able to find updates on upcoming events, meetings and other local 4-H information. You may also use this Facebook page to promote your club’s fundraisers and activities. Simply submit your information and the UCCE Office will review and post for all our friends to see.

University of California Cooperative Extension Kings County 4-H Contacts

Georgene Diener  UCCE 4-H Program Representative  (50% time)  852-2743  gldiener@ucanr.edu  
(Office day is Tuesday, other office days vary according to 4-H meetings and activities scheduled during the week.)
Tara Batista  UCCE 4-H Youth Development Advisor  852-2739  tabatista@ucanr.edu
Teresa Evangelo  4-H Support Staff  852-2731  tlevangelo@ucanr.edu

OFFICE HOURS: 8am-12 noon and 1pm-5pm  Monday-Friday

Please feel free to call the UCCE Office before coming in if you have a specific need or to make an appointment.
Season’s greetings from your new 4-H Youth Development Advisor! I arrived from Florida in October and I’ve had the chance to meet many of you during the fall and early winter. It is my goal to meet everyone else before the end of the spring. I am a native Floridian and still adjusting to the dramatic temperature fluctuations in the Central Valley desert. We have no daily temperature variations in Florida and one season year round: summer. This past weekend, it was 87 degrees in Daytona. Yes, beach weather in December!

The weather is not the only change I am growing accustomed to as a new Californian. I’m also learning about your vibrant communities. My advisement covers the counties of Kings, Tulare, and Fresno even though my office resides in the Kings County Cooperative Extension building.

You may be wondering, “What is an advisor? I was hired because of my research expertise in positive youth development. My graduate work focused on evidenced-based programs that help youth grow to become healthy and productive adults. I learned how to design, implement, and evaluate out-of-school time programs (like the type 4-H delivers) according to the most rigorous scientific research available. I’m here to share that knowledge with you all so that we can build 4-H programs that help youth to thrive. To be a successful advisor, the first thing I need is to perform a community needs assessment.

A community needs assessment is a form of exploratory research that analyses the needs of the community that a project intends to target. It can also be used to address challenges that existing programs experience, and inform the design of new programs. For example, you all would probably love to recruit more youth into your 4-H programs. To do so, it would help to understand what the community thinks of 4-H and what would interest youth who have not already signed up.

I’m setting up a local Community Research Advisory Board (CRAB) to ensure relevant stakeholders have ownership over the needs assessment process. I’m inviting youth, adult volunteers, parents, and community leaders to serve on this CRAB. If you want to be part of the CRAB (Who wouldn’t? What a great acronym!), please contact me at tabatista@ucanr.edu. While living in Daytona Beach, I constructed some very successful CRABs and I’m bringing my CRAB constructing experience here to California. Who knows, I might show up at the first meeting with a real crab from Daytona Beach!

Let’s get crabby together!
TOES & TUSHIES

Want you to Share a Pair!

Our 4-H EMERALD STAR PROJECT will be collecting NEW, PACKAGED socks and underwear for needy kids & adults in Kings County NOW through FEBRUARY.

“Socks and underwear are two of the least donated, yet most needed items by the homeless.”

Toes & Tushies has laundry hampers for collection set up at:

- Kings County 4-H UCCE OFFICE - 680 Campus Drive, Suite A, Hanford
- Island Elementary School - 7799 21st Avenue, Lemoore
- Evangelho’s Feed & Farm Store - 9099 CA HWY 41, Lemoore

Donated socks and underwear will be distributed at the Annual Project Homeless Connect Day in Kings County and through United Way.

*Please contact Reilly Nava & Breana Glover at toesandtushies@yahoo.com for more information on how to donate.
Finding Hope
For Valley Children’s Hospital

My name is Paige Clarke. I am 14 years old and this is my 6th year in Island 4-H. As part of my Emerald Star Project for 4-H, I am collecting items for Valley Children’s Hospital. I hope to help make the kids that are staying more comfortable while they are there. Items can include:

New Items
- Teething Rings
- Rattles
- Crib Gyms
- Busy Box
- Push Toys
- Journals
- Arts and Crafts
- Board Games (All Ages)
- Sports Equipment
- Coloring Books
- Crayons (8-24 pack)
- Puzzles
- Playdough
- Legos

New or Gently Used Items
- Movies

Movies: They can use movies for all ages. All movies MUST be rated between G and PG-13. The hospital asks for Spanish and English movies. Disney movies are very popular!

Donations can be made at the UCCE Office 680 Campus Drive, Suite A in Hanford.

Like “Finding Hope” on Facebook by searching @findinghope150

Please call me at 559/924-1532 for more information. Thank you for any contribution you can make!
**Youth Talk - January 2017 Page 12**

# Photography Workshop

**Date:** February 25th, 2017.

**Location:** Hanford West High School (during Presentation Day).

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30 a.m. - 10:40 a.m</td>
<td>Introduction with Lily Gutierrez and Jillian Willhite.</td>
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<tr>
<td>10:40 a.m. - 10:55 a.m</td>
<td>First rotation</td>
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<tr>
<td>10:55 a.m. - 11:10 a.m</td>
<td>Second rotation</td>
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<tr>
<td>11:10 a.m. - 11:25 a.m</td>
<td>Third rotation</td>
</tr>
<tr>
<td>11:25 a.m. - 11:35 a.m</td>
<td>Closing with Lily Gutierrez and Jillian Willhite.</td>
</tr>
</tbody>
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**Sessions:**

- Photo Mounting, Judging & Reasons, Judges Critique
Pleasing the Past with Millennial Style
Emerald Star Project by: Maddison French

The Project Consists of-
Spending time with patients in the Hanford Nursing and Rehabilitation Center while creating projects with them such as the items listed on their Facebook page.

When is this happening?
This will occur the first and third Sundays from January through March.

Why should you be involved?
These patients desire to play games, talk to, or even have their nails painted by volunteers.

4-H Members are Needed to Help!
All 4-H members who are 13 years or older are invited to help! To volunteer, contact Maddison at:
teresa_french2001@yahoo.com or (559) 904-3185